

the burleigh wave

theburleighwave.com.au Community news for Burleigh, Miami, Palm Beach, Elanora and Varsity Lakes Issue 02 | August 2024



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BYRON WRITERS FESTIVAL 2024

from the ground up

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EVENT GUIDE

FRI 09 - SUN 11 AUGUST

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Welcome to the second issue of *The Burleigh Wave*. We're so excited to be bringing you another edition of what our beautiful pocket of the Gold Coast has been doing lately. Thank you to all of you who submitted content and expressed interest in supporting our magazine, and a big thanks to all of our lovely readers across the Southern Gold Coast.

This month we focus on National Homelessness Week with a feature article on the Stars Over Burleigh event held by Gold Coast charity, Walk With Us. Read it on page 24. We've also spoken to local Veteran, Max Murphy, on page 26 about how music has become an important tool to support Veterans and raise awareness for their mental health. In the middle of the magazine, you'll find a pullout for the Byron Writers Festival including a program of all the different events you'll get to see at the Festival. Closer to home, we have BLEACH* Festival happening in North Burleigh at the start of the month. Show up and enjoy art with the community this August. More information on page 42.

If you have a story to tell or want us to feature your organisation, please send me an email and we can work together to showcase the good you're doing for the area.

Emma Marie Watson, Editor.

Contact us

Got a story? Get in touch.
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Publisher

northernriversmedia

Email: milt@northernriversmedia.com.au
Address: PO Box 407, Lennox Head, NSW
Phone: 0412 461 559

Managing Editor

Kate Parry
Email: editor@theballinawave.com.au
Phone: 0424 610 732

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Acknowledgement of Country

The Burleigh Wave acknowledges that we are here on the land of the Kombumerri people. The Kombumerri are the traditional owners of this land and are part of the oldest surviving continuous culture in the world.

The fine print

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42 - Arts | BLEACH* Festival



What: BLEACH* Festival
When: Thursday, 1 - Sunday, 11 August
Where: Ed Hardy Park, North Burleigh

BLEACH* is the Gold Coast's annual contemporary arts festival. Head to North Burleigh for two weeks of free, family-friendly events. For more information, head to: bleachfestival.com.au



What: Wild Earth Border Bolt Running Festival
When: Sunday, 4 August
Where: Currumbin Valley

The second instalment of the Trail Trips Triple Crown is here this August. Get involved or cheer the community on in Currumbin. Head to: borderboltrunfest.com.au



What: Byron Writers Festival
When: Friday, 9 August - Sunday, 11 August
Where: Bangalow Showground and A&I Hall, NSW

Dive into a literary wonderland at the Byron Writers Festival this month. Further program information can be found on page 29.



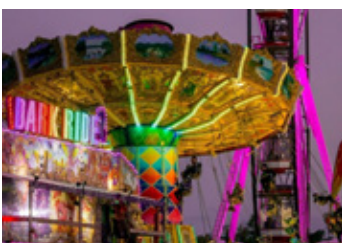
What: Stars over Burleigh
When: Saturday, 17 August
Where: Burleigh Heads Surf Club

Walk With Us GC is hosting a charity dinner this August to raise awareness and funding for homelessness, further information on page 24.



What: Vietnam Veterans Day
When: Sunday, 18 August
Where: Burleigh Heads RSL

Join the commemorations for our Vietnam Veterans this month at the Cenotaph in Burleigh Heads. Further information can be found on page 14.



What: Gold Coast Show
When: Friday, 30 August - Sunday, 1 September
Where: Broadwater Parklands, Southport

Friday, 30 August is the Gold Coast Show public holiday. Head up to Southport to celebrate the Show's 117th year. For more information, head to: goldcoastshow.com.au

Monthly Markets

1st Sunday	Broadbeach Burleigh Heads
2nd Sunday	Coolangatta
3rd Sunday	Broadbeach Hope Island
4th Sunday	Burleigh Heads Paradise Point

Weekly Night Markets

Wednesday	Miami Surfers Paradise
Thursday	Emerald Lakes
Friday	Currumbin Dreamworld Miami Surfers Paradise
Saturday	Miami Clear Island Waters Surfers Paradise Dreamworld

Weekly Farmers Markets

Wednesday	Robina
Thursday	Currumbin
Saturday	Burleigh Heads Carrara Helensvale Palm Beach Main Beach Mudgeeraba
Sunday	Bundall Carrara Merrimac Miami Nerang Robina Surfers Paradise

For more information visit destinationgoldcoast.com

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the burleigh  wave

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Gold Coasters of the Year announced



Pictured above: 2024 Gold Coast Australian of the Year banner. Source: Gold Coast City Council.

Each year, the City of Gold Coast recognises people within our community who are changing lives for the better, with the Gold Coast Australian of the Year Awards.

At the recent 2024 event, Brett and Belinda Beasley took out the overall crown with the Gold Coast Australian of the Year title. The Beasleys established the Jack Beasley Foundation after the tragic stabbing death of their 17-year-old son in 2019. The Beasley's plight is embedded within the Foundation, as they dedicate their lives to making changes to current youth laws, improving youth safety and putting together an education platform to teach young people about the consequences of carrying a knife. Jack's Law is a monumental implementation by the Foundation that has been passed in Queensland, New South Wales and the Northern Territory allowing police officers to conduct 'stop and wand' operations in all Safe Night Precincts aiming to prevent the carrying of weapons by members of the public.

Maureen Stevenson was awarded Gold Coast Senior Australian of the Year. Maureen has been an integral figure in the charity space across Queensland for almost 30 years. Since 2010, she

has donated over \$6 million to charities across Queensland. Her legacy will continue as she has left donations to several charities in her will.

Gold Coast Young Australian of the Year goes to Abbie Williams, founder of Letters of Hope, a mental health charity sending handwritten letters to combat stigma and foster meaningful community connections. Founded in 2018, the not-for-profit social enterprise supports those who are struggling by sharing helpful coping strategies, words of empowerment and networks.

The Gold Coast Local hero award went to Mia Sims for her bravery and forward thinking when she saw a young man in distress upon a bridge in Mudgeeraba, prompting her to alert local authorities and thankfully, save his life.

In a world where we amplify the negative voices, it is great to be reminded of all the good that is happening in the community. Nominations for the 2025 awards are now open. Share some good and nominate a selfless member of the community. To find out more head to: goldcoast.qld.gov.au

Pictured below: 2024 Gold Coast Australian of the Year winners, L to R: Brett and Belinda Beasley, Abbie Williams, Maureen Stevenson and Mia Sims. Source: Gold Coast City Council.



City budgets 2024-2025

In last month's issue of *The Burleigh Wave*, we provided a brief update on the City of Gold Coast 2024-2025 budget. Since then, further details of how each division will use these funds have been released. Budget details for Division 13 were not available at the time of print.

Division 11

The two key priorities of the budget for Division 11 are working to keep rate changes below CPI and bring ratepayers value for money.

For 2024-2025, Councillor Dan Doran has advised that Division 11 will receive:

- \$13 million to complete Stage 1 of Greenheart Parklands, Robina
- \$4 million to complete the intersection upgrade of Robina Town Centre Drive and Laver Drive
- \$1.9 million to reconstruct the road pavement located at Treeview Drive, Burleigh Waters from Sugarleaf Court to Maple Court
- \$1.25 million to reconstruct the road pavement on Christine Avenue from Roundeley Drive to Regensberg Close, Varsity Lakes
- \$325,000 for a City Placemaking project in the Varsity Lakes CBD
- creation of new parking along Tindari Place to compliment the new playground
- new shade sail at Yodelay Park, Varsity Lakes
- installation of water bubbler and dog bowl Haynes Park, Burleigh Waters
- pedestrian refuge along Ron Penhaligon Way to keeping active travellers safe when crossing
- continuing to fund Division 11 events.

Division 12

There will be a large variety of exciting upgrades happening across Division 12 over the next 12 months, such as:

Footpaths and intersection upgrades

A substantial investment of over \$3 million has been earmarked for upgrading and installing footpaths throughout Division 12. This initiative aims to enhance accessibility and safety for pedestrians across our neighborhoods. Additionally, \$1.75 million will be dedicated to intersection upgrades on local roads, ensuring smoother and safer traffic flow for everyone.

Infrastructure improvements

One of the key projects slated for improvement is the southbound concrete bridge over Little Tallebudgera Creek on Sunshine Blvd, south of Markeri Street and Cassowary Drive. This critical infrastructure will undergo necessary enhancements over the next two years to improve its functionality and longevity.

General upgrades and improvements

The City has allocated almost \$20 million dollars into conserving the environment for all beach and waterways in the city. Significant improvements will continue to be done to Pizzey Park with a budget of \$4 million.

Division 14

The majority of funding for Division 14 is being spent on parks and open spaces, road reserves, council events and programs, community events grants and discretionary grants to local not-for-profit organisations.

Parks and open spaces

A total of \$316,000 is allocated to parks and open spaces in Division 14. \$140,000 is set aside for two shelters and picnic settings at Queen Elizabeth Park. \$66,000 is going toward a shade sail at George Dacca Bramley Park in Talle Valley. The Pat Fagan Park playground will be given a \$110,000 upgrade.

Community events grants

\$152,000 is being put into community events grants, with \$60,000 toward Swell Festival, \$20,000 for Flotsam Festival, \$20,000 for Sanctuary Sounds, \$15,000 toward Anzac Day Commemorations, \$12,000 toward the recent Kirra Long Board Klassic, \$15,000 for the Talle Valley Christmas Event and \$10,000 for Handball Australia.

Other funding

Division 14 is contributing \$150,000 to the Snapper Rocks Masterplan, \$130,000 to the Hopper Drive footpath, \$40,997 to the Discretionary Grants Program, and much more.

Free wheelie bin stickers: take care in our street



*Pictured: Wheelie bins with new free stickers, 'Take care in our street.'
Source: Facebook / Cr Nick Marshall OAM Division 12, Gold Coast*

Residents of Division 12 (Mermaid Waters, Mermaid Beach, Miami, Burleigh Waters and Burleigh Heads) can contact their local Council office to receive free wheelie bin stickers as part of the Council's mission to keep kids and wildlife safe.

These bright stickers read 'Take care in our street' and are a small but important reminder for drivers on the road to take extra precautions when driving in suburban areas.

Call Division 12 office on ph: 5581 6382 to arrange time to collect your stickers.



Tallebudgera boat ramp upgrade



*Pictured: Tallebudgera boat ramp and floating walkway.
Source: Gold Coast Waterways Authority.*

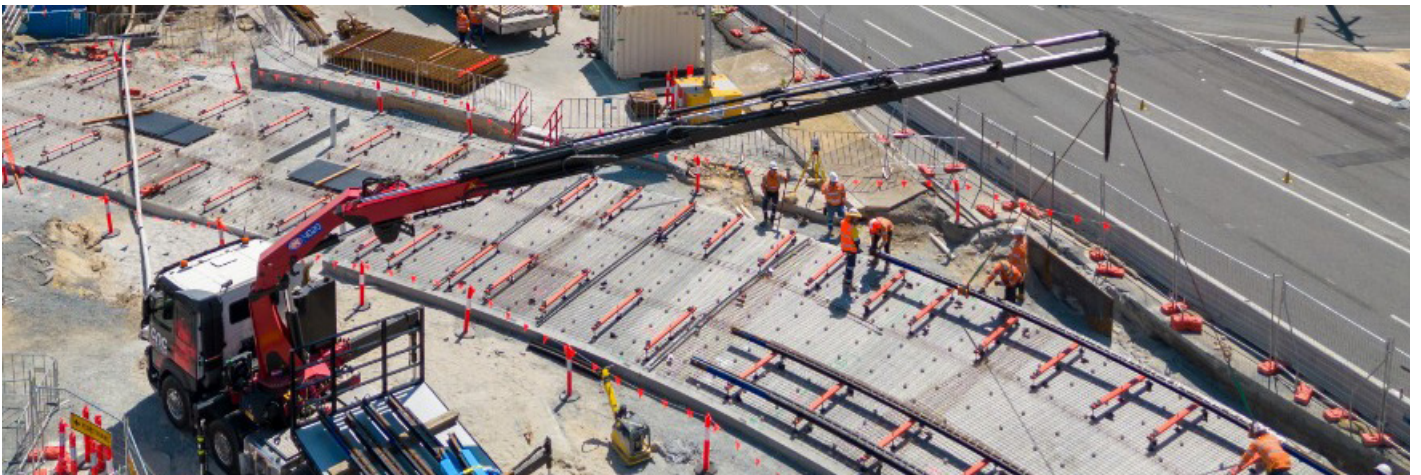
The Gold Coast Waterways Authority is enhancing access to Tallebudgera Creek with an upgrade to the boat ramp and floating walkway at Murlong Crescent, Palm Beach.

This project started in early July and is set to be completed late August. During this time, the boat ramp and walkway will be temporarily closed.

The upgrade is an important part of ensuring safer, navigable access for waterway users. As the ramp and walkway had structural damage, the ramp will need to be replaced in its entirety while the walkway is to be upgraded. Designs are to meet current specifications and standards and will enhance usability, aesthetics and overall functionality for accessing Tallebudgera Creek.

While the area is closed during the construction period, the public will need to use alternative boat ramps. The closest boat ramp is at Awoonga Avenue in Burleigh Heads. More ramps, jetties, pontoons and fishing facilities can be found at: gcwa.qld.gov.au

Light rail milestones in Miami



Pictured: Progress of Gold Coast Light Rail Stage 3 construction. Source: GoldlinQ.

The Gold Coast Light Rail project is chugging along steadily as development begins in the centre of the Gold Coast Highway in Miami as part of the Stage 3 works.

The first section is to be installed in Nobby Beach then shortly after, a following section will be constructed in Mermaid Beach. Stage 3 will see a total of 28 kilometres of rail works with 14 of these kilometres expected to be in place by the end of the year.

A new dual-track light rail spanning 6.7 kilometres will be installed from Broadbeach to Burleigh Heads including eight new light rail stations and five light rail vehicles.

Bart Mellish, Queensland Minister for Transport and Main Roads and Minister for Digital Services, said that the 'construction of Stage 3 is providing 760 locals with jobs.'

During winter, a significant amount of

rail works will be completed during the day, but night works are expected to occur in the upcoming summer months. Until construction is complete, residents are urged to be cautious on the roads alongside the Stage 3 corridor and nearby side streets as conditions change.

With the Stage 3 milestone met, the first trams are expected to begin travelling the Gold Coast Highway to Burleigh in late 2025.



Councillor column

Parliamentarians and Councillors will contribute a monthly column to The Burleigh Wave each month. This will be an opportunity to share their thoughts on various issues impacting the community.



Tom Tate
Mayor, Gold Coast

Over the next decade, our city's landfill sites will be exhausted.

When that happens, we will need to transport our waste to other regions - at huge financial and environmental cost - with the ever-rising State Waste Levy around 400 percent higher than today. A scenario like that would have huge cost impacts on every ratepayer and our 78,000 businesses.

I know, as Mayor, the next generations of Gold Coasters would be appalled to know their city leaders had allowed this outcome to happen.

It is incumbent on Council to address this huge social, environmental and financial challenge.

With this in mind, I am delighted the new Council has had the vision and foresight to pursue an innovative end-to-end resource and recovery project that will position our city to grow and prosper for decades ahead.

The project is titled Advanced Resource Recovery Centre (ARRC) and will service not only the coast's 700,000 plus residents (rising to one million by the late 2030s) but around three million residents (and businesses) across the SEQ region.

Once built and operational, the ARRC will meet three key outcomes: social, environmental and financial.

As part of our initial planning, we have secured the land in Rossmanns Road, Stapylton, and have commenced community consultation on the project. Further community consultation will form part of the project plan once we have more detail, and project designs, to release.

The focus of the ARRC will be on resource recovery and reuse by converting residual waste materials into energy while minimising environmental impacts. Converting waste to energy will help divert up to 97% of waste from landfill.

So what is an ARRC? The Centre will incorporate sustainable resource recovery and renewable energy generation facilities including a sewerage treatment plant to service the northern suburbs; a green organics processing facility; recycled water plant to provide Class A water to non residential customers; construction and demolition processing facility; green hydrogen electrolysis plant; a residual waste facility to create steam, then converted into green energy; and a community education facility (so school and tertiary students become

leaders in their fields of study).

In short, this Centre will be our road to a zero waste future and will allow other regions (councils and private enterprise) to transport their materials to the ARRC for processing. This 'circular economy' approach is good for the environment and the ratepayers' hip pocket.

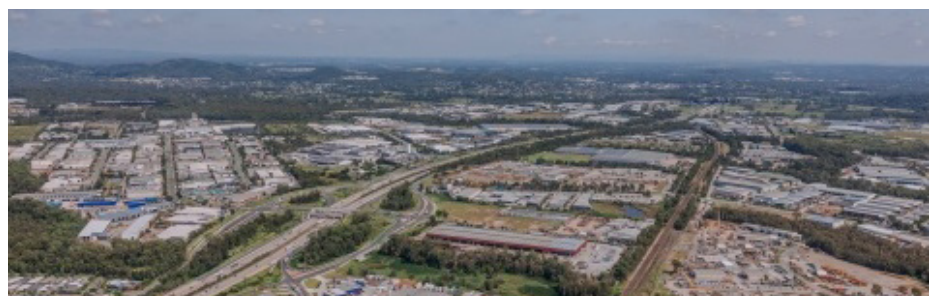
A future ARRC will also meet the Gold Coast's increased solid waste and sewage treatment needs; remove the need to transport waste to landfills outside the Gold Coast; divert up to 97% of waste from existing landfills; improve environmental outcomes including reduced greenhouse gas emissions; reduce energy costs for the City (Council); generate energy for a cleaner, greener city; and create more than 2,000 jobs during construction (170 permanent full-time jobs during operation).

Given the ARRC will allow for other councils, or private enterprise, to have their waste processed means a positive environmental outcome for the wider community.

Importantly, it will create an income for Gold Coast ratepayers, keeping downward pressure on our rates - a financial coup for every ratepayer.

So what's the cost? Final detail on costing and design will come from the work we are undertaking now.

I encourage everyone with an interest in the ARRC to log on at: goldcoast.qld.gov.au/Services/Projects-works/Advanced-Resource-Recovery-Centre



Pictured: Advance Resource Recovery Centre. Source: Gold Coast City Council.



Parliamentarian column



The Hon Karen Andrews MP

Federal Member for McPherson

The 51st anniversary of the end of Australia's involvement in the Vietnam War

The end of Australia's involvement in the Vietnam War is marked annually on 18 August and has long held a special significance for our Vietnam War Veteran Community.

On 18 August 1966, the men of the 6th Battalion, Royal Australian Regiment, alongside three New Zealanders from 161 Battery Royal New Zealand Artillery, encountered the Viet Cong in a rubber plantation outside the village of Long Tan.

60,000 Australians served in Vietnam, 523 service personnel died, and more than 3,000 were wounded. They did not get the homecoming they deserved.

To mark our ongoing gratitude for their sacrifice, it is important to remember and join Vietnam Veterans Day commemorations as they occur in local communities

This is always a significant day in my calendar. Last year I attended the service at the Burleigh Heads RSL. I was also privileged to recognise David Evans, a local serviceman who lives in McPherson, with a certificate of appreciation for his service in the Australian Army during the Vietnam War.

RSL Queensland hosts numerous commemorative services across Queensland. You can find a list of events for your region at: rslqld.org

Join me in remembering and thanking our Vietnam Veterans for their service to our nation. Lest we forget.



Michael Hart MP

State Member for Burleigh

Last year, Queensland saw nearly 300,000 victims of crime—an all-time high for our state, surpassing all others in the country.

These figures reaffirm what local residents already know: weakened laws and a shortage of police under the current Labor State Government have contributed to this troubling trend.

As your local MP, I regularly hear from Burleigh residents and small business owners who are frustrated and affected by youth crime. Whether it's break-ins, stolen cars or serious assaults, the effects on their lives and businesses are significant.

Gold Coasters deserve to feel safe in their own homes, without the constant dilemma of where to leave their car keys at night. They are being forced to make hard choices: should they leave their keys at the front door to deter thieves quickly, or hide them and risk criminals searching through their homes and disturbing their children?

That's why The Making Queensland Safer Laws will be the LNP's first piece of legislation if we're elected in October. Our plan includes:

- Adult Crime, Adult Time to restore consequences for actions with youth offenders held accountable for serious crimes
- removing detention as a last resort to unshackle the courts and deliver sentences in line with community expectations
- staying on Track program to provide up to 12-months of intensive support for youth transitioning back into the community after detention
- putting victims' rights first by providing automatic updates relating to their cases, removing the burden on victims to seek-out information about their cases
- increase the number of police on the beat, through retention and better resourcing.

Making Queensland Safer is our priority because it's a priority for Queenslanders.



Spot the Artbox

Artbox is a Gold Coast City Council initiative to reduce graffiti on the City's traffic signal boxes as well as beautify our neighbourhoods and support local artists. The initiative is part of the City's graffiti prevention strategy and showcases artworks across busy intersections and roads throughout the Gold Coast.

The City puts call outs to the community for those who wish to have their artwork displayed and also work together with schools and community groups to install the artwork with high quality laminate.

There are almost 200 different artworks installed on traffic signal boxes across the city, and if you're interested in spotting them all, the Gold Coast City Council website has their various locations and artworks listed. We have also popped in a few here that may be right around the corner from you.



Budgie by Amanda Gorman

Installed: 2022

Located: Intersection at Scottsdale Drive and Bayswater Drive, Varsity Lakes



Children of Nature by Emma Van Zaane

Installed: 2022

Located: Somerset Drive North and Gemvale Road, Mudgeeraba



Natives on the Gold Coast by Emma Van Zaane

Installed: 2020

Located: Gernvale Road and Langport Parade, Mudgeeraba



Queenslander house reflecting local life by Ennis Skalski

Installed: 2020

Located: Nineteenth Avenue and Gold Coast Highway, Palm Beach



Vibe by Belinda Gillies

Installed: 2021

Located: Gemvale Road and Eden View Drive, Reedy Creek



Healthy lifestyle by Emma Van Zaane

Installed: 2020

Located: Scottsdale Drive and Christine Avenue, Robina



Natures Helpers by Emma Van Zaane

Installed: 2022

Located: Somerset Drive and Bonogin Road, Mudgeeraba



Gold Coast Volunteer Awards: Nominations open



Pictured: 2023 Gold Coast Volunteer Awards winners. Source: Volunteering Gold Coast.

Nominations are now open for the Gold Coast Volunteer Awards that will be hosted on Friday, 29 November at The

Star Gold Coast. These Awards aim to honour and acknowledge the efforts of organisations and individuals in the community and who selflessly dedicate their time and resources towards creating a positive social impact.

There are several categories available for awards, such as Gold Coast Volunteer of the Year, Gold Coast Youth Volunteer of the Year, Gold Coast Community Program or Organisation

of the Year, Gold Coast Student Volunteer Program of the Year, Gold Coast Diversity & Inclusion Initiative of the Year, Gold Coast Corporate Social Impact Award and Gold Coast Sporting Volunteer of the Year.

Nominations must be submitted before Tuesday, 1 October. The community can get involved by nominations or by sponsoring a table or segment of the event. Learn more: volunteeringgc.org.au

One thousand feathered companions



Image source: Facebook / Parrots for Purpose.

Recently, Gold Coast based organisation, Parrots for Purpose, celebrated their 1,000th companion parrot at Combined Wellness Solutions in Burleigh Heads. The 1,000th parrot, Elvis, will be a permanent member at Combined Wellness Solutions as a therapy bird, providing a calming energy to the people that access the company's exercise physiology services. The celebratory event saw over 350 people in attendance, participating in face painting, raffles, live entertainment, and more. Since the event, Parrots for Purpose have provided people in need with 9 more parrots.

Parrots for Purpose provides feathered companions to people

who need extra support, such as those living with a disability, survivors of domestic violence, veterans, and more.

Founder and CEO, Michael Clancy, started the organisation after witnessing the tragedy that occurred at Dreamworld in 2016 where four people lost their lives. Michael felt hopeless and struggled to get out of bed, until he met Archie the parrot. Archie didn't get along well with Michael's family, requiring Michael to get out of bed each morning to feed and care for the bird. Michael credits Archie for helping him build his confidence back, he is now able to go out to meetings and into the public while having Archie by his side (or on his shoulder).

His own hardship prompted Michael to share birds with those in need. Parrots for Purpose doesn't just give birds away, but they provide support workshops and therapy groups in order to teach bird recipients how to get the most out of their avian allies.

The organisation has several types of birds available as companions, such as cockatiels, conures, parrots, budgies and ringnecks, with each bird requiring different levels of care.

Find out how to secure a bird or donate to the organisation at: parrotsforpurpose.com

MASTERING THE ART OF HORSEMANSHIP
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INSIGHTS FROM A WORLD-RENOWNED TRAINER
Matthias Geysen
Saturday 30 Nov
2 - 6pm
Ballina NSW

www.mwtherapyandtraining.com.au



Saying farewell to Old Burleigh Theatre



Pictured: The De Luxe Theatre (Old Burleigh Theatre) in the 1930s. Source: Gold Coast Libraries Local Studies Collection.

Burleigh residents have said goodbye to what was known as the Old Burleigh Theatre Arcade as demolitions began last month to make way for a new high-rise development. The redevelopment hopes to capture some of the original essence of the Theatre with a modern twist, allowing the building to safely become a space for retail developments and create more housing with apartments on the upper levels.

The artist's development proposes keeping the front facade of the building as is, while adding modern-style apartments to the back and above. The finished construction will be 14-storeys high and include 46 units. Essential features will be preserved, such as brickwork, concrete elements and the

arcade ceiling. The redevelopment will bring back the original sign and awning details.

The Old Burleigh Theatre Arcade is a heritage-listed building, so construction is being supervised by specialists to ensure important elements of history are not lost with the demolition.

William Fradgley built the original Theatre in 1919 and operated a picture show before continuing developments up until the 1930s where he added a dance hall and renovated the picture theatre. Later, in the 1950s, a cyclone destroyed sections of the Theatre which required reconstruction.

Vietnam Veterans Day: Sunday, 18 August



Image source: RSL Queensland.

On 18 August each year, Australia celebrates Vietnam Veterans Day. This day of remembrance recognises the invaluable contribution of the Australians who served in the Vietnam War.

Australia's involvement in the War ended in 1973, making it 51 years since our troops left Vietnam.

Throughout 1962 - 1973, more than 60,000 Australians served in Vietnam, with some veterans returning for humanitarian operations in 1975.

Vietnam Veterans Day is an opportunity to say thank you and reflect on the bravery, teamwork and endurance that Australians displayed

throughout the War. It is a day to honour those veterans who lost their lives during battle, returned home wounded, ill or injured, lost their lives in the years since they returned, and still carry the physical and emotional scars of their service.

There will be several events happening on Sunday, 18 August to commemorate the veterans, with the Burleigh Heads RSL Sub Branch holding a commemoration at the Cenotaph, Memorial Park, Burleigh Heads, commencing at 10am. All veterans and the public are encouraged to join.

Further information can be found at: rslqld.org



Support your local at the Gold Coast Show



Images sourced from: Gold Coast Show.

This year is the 117th Gold Coast Show. Beginning on Friday, 30 August and ending on Sunday, 1 September, the Show will be a jam packed weekend of family fun with rides, show bags, food, live music and more hosted, at Broadwater Parklands in Southport.

Entry to the event is completely free, so why not head up the Coast with your family to see what's on offer for the weekend? Catch the spectacular Kollosche Fireworks

on Friday and Saturday night, view the arts competition showcasing the Gold Coast's talents, watch the dog and equestrian competitions, ride a camel, play with some farm animals, chop some wood competitively, and much more.

This event celebrates the heart of the community and enables a sense of belonging for all residents. Support your local and head to the Gold Coast Show this month. Further information can be found at: goldcoastshow.com.au

Nourish your mind at Byron Writers Festival

by Jessica Alice, Byron Writers Festival Artistic Director



We invite you to slow down and immerse yourself in a weekend of literary magic at Byron Writers Festival 9-11 August. With over 130 sessions across six stages, there are conversations, performances and stories to delight everyone, from moving memoirs, enchanting poetry, incisive commentary, and expert analysis. You don't need to be a writer or a big reader to enjoy the Festival – it's all about being entertained and

inspired by brilliant storytellers and stimulating conversations across a myriad of topics.

Bask in the stories of some of the world's best writers, from Irish novelist Caoilinn Hughes, to Indian activist Meena Kandasamy, and Booker Prize-winner Richard Flanagan. Be delighted by best-selling author Trent Dalton, actor-turned-crime writer Bryan Brown, and award winning novelist Charlotte

Wood. Be inspired by AFL legend Nicky Winmar, gain insight into international politics with former BBC correspondent Nick Bryant and get behind the scenes with singer songwriter Kate Ceberano.

Thanks to Northern Rivers Media you can dive into the Festival program printed in this month's *Burleigh Wave* on page 29. A single day pass gives you access to all the sessions on your chosen day for you to wander between as you wish. All sessions are under the cover of big marquees or in the A&I Hall. There's delicious food and coffee stalls, an artisan market and a large festival bookstore where authors will be signing their books. There are also family and child tickets for the Kids Big Day Out program that takes over one marquee on Sunday.

Experience what makes Byron Writers Festival a globally renowned literary destination this 9–11 August at Bangalow Showground. For the full program and tickets please visit: byronwritersfestival.com



Ask Izzy: finding support near you



It comes as no surprise that many Gold Coasters are struggling at the moment, and winter makes it especially hard. Whether you're on the street or in a house, our houses just weren't made to withstand the cold weather. With National Homelessness Week happening this month, there is no better time than now to raise awareness for avenues that can give us some extra help when we need it.

Ask Izzy was created by the Australian Government to be a tool for people with disabilities, carers and their families to search for independent disability advocacy providers in their area. But did you know that anyone can use this platform?

Ask Izzy is more than a disability advocacy provider resource, but hosts links to over 400,000 support services across Australia. From finding food, housing, counselling, money help, shelters, health and more, Ask Izzy covers everything you may need to get you through a tough time.

Simply head to the website, click on whatever category you need assistance with, and enter your postcode. This service is completely free and accessible by any device that has internet.

For further information and find support near you, visit: askizzy.org.au

Pacific Airshow: 16 - 18 August



Pictured: USAF F-22 Raptor. Source: Pacific Airshow Aus.

The Pacific Airshow is returning to the Gold Coast for a thrill-seeking three-day event. Held across the weekend of 16 - 18 August, bystanders in Surfers Paradise can see an array of aerobatic demonstrations by the world's finest aviators along with a bunch of other family friendly and licensed events.

The Pacific Airshow is now a global phenomenon, starting in 2016 in Huntington Beach, California and today spanning the globe to our home turf. Unlike other airshows, this is a global spectacle-scale celebration of mateship, family, friends and awe-inspiring feats of aviation meshed with sport, entertainment, art and technology.

Experience heart-pumping thrills on the beautiful coastline of Surfers Paradise.

When: Friday, 16 - Sunday, 18 August

Where: Surfers Paradise

Spectators are welcome to view the Airshow from outside of the precinct at no cost, making a fair few spots across our local shorelines excellent viewing platforms.

In Burleigh, you can catch a glimpse of the magnificent aircraft from Burleigh Hill. We expect many likeminded people to head there over the Airshow weekend, so arrive early to secure a spot.

Other places you can marvel at these metal birds include Nobby Beach and Miami Beach.

If you have a boat, you can head out onto the water to see the show, but be mindful that there are exclusion zones in place being closely monitored by water police and Maritime Safety Queensland officers. These exclusion zones are in place for swimmers too. If anyone enters the exclusion zone, the show will be forced to stop as a matter of safety for spectators and aviators.

To see the event program and for ticketing information, head to: pacificairshowaus.com



Disability support for young locals in the workforce



Navigating the transition from high school to employment can be both exciting and daunting, but for young people with a disability, the process may come with its own set of unique challenges. School Leaver Employment Supports (SLES) is an NDIS support service that helps young people with a disability kickstart their careers by building up their job skills, confidence, and independence.

For Alex Monger who has autism, joining Aruma's SLES program during his final year of high school gave him the confidence to land his first job at one of Aruma's social enterprises as a Supported Employee. This year, he has moved into open employment at a local café.



'I am really loving my new job at the café. I am so thankful to everyone at Aruma for all their support over the last two years and getting me started on my employment pathway,' shared Alex.

According to the Australian Institute of Health and Welfare, only 48% of

working-age Australians with a disability are employed, compared to 80% of people without a disability. Starting the journey early, through supports like SLES, can help more young people like Alex change this narrative.

The SLES program involved small group learning sessions about workplace routines and expectations, coupled with hands-on experience in Aruma's in-house training café. Here Alex was able to put the theory into practice, while also learning work-ready skills such as food prep, teamwork, customer service, and health and safety.

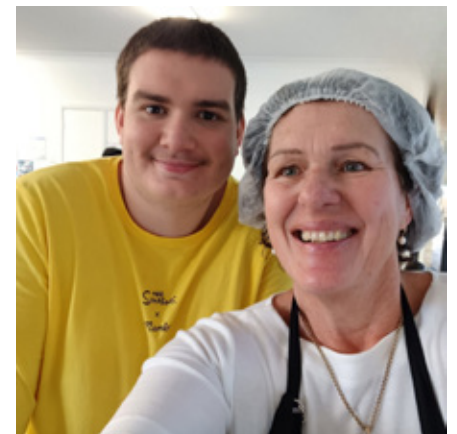
'As Alex's independence and confidence grew, so did his responsibilities. He began taking café orders, engaging in daily conversations with customers, and greeting visitors at reception. Then with support, he moved onto trialling work experience in Aruma's Forensics and Packaging team. Here he got a real taste for working, with eight-hour days, and taking transport to and from work for the very first time,' said Deborah Carter, Aruma Trainer and Facilitator.

Alex's SLES journey came to an end when he transitioned from work experience to becoming a paid supported employee at Aruma. This was his very first job and pay cheque. However, Alex's journey didn't end there. Just a few months later, Alex has taken a significant step in his career by securing a job at a local café.

'Alex and his mum phoned to thank our team. Of course, it is a huge compliment to be told you were a part of making a positive difference in the life of a young person, but as I said to Alex and his mum, the credit is all Alex's. He led the journey, he wanted the outcome, and he found his self-determination. We are so very happy for him and to have had the privilege to share in his journey,' said Deborah.

Aruma is one of the country's largest disability providers and charities, offering SLES, Supported Employment, Home and Living supports as well as community hubs and flexible support.

There is currently capacity to join Aruma's SLES programs in Burleigh Heads in Queensland as well as Alstonville, Charlestown, Maitland, and Wyoming, Forbes in New South Wales. To learn more contact Aruma on ph: 1300 538 746 or get in touch via the website: aruma.com.au





Community in brief



Probus Club of Burleigh Waters

The Probus Club of Burleigh Waters monthly walk went from Tugun Surf Club along the foreshore and return, followed by hot drinks at Tugun Surf Club. Each month, the Club varies the area they walk, and always ends with fellowship over hot drinks afterwards.

Fifty-two of the group enjoyed a monthly outing, which was a BBQ picnic at Schusters Park, Tallebudgera. In July, the Club enjoyed a Christmas in July Lunch at Emerald Lakes Golf Club.

Two more new members were inducted at the last monthly meeting, and Deidre Stein spoke about her adventurous climb to the Base Camp of Mt Everest.

The Club caps off each meeting with a lunch at Burleigh Sports Club, and some of the group enjoy a monthly lunch at Robina Pavilion.

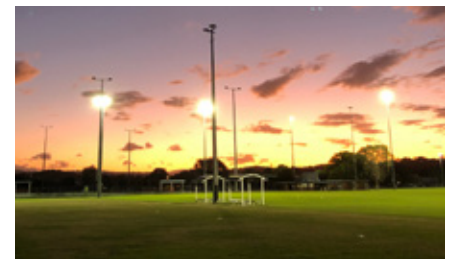


Lions Club of Burleigh Heads

The Lions Club of Burleigh Heads is a group of 24 friendly members who fundraise in the community, primarily through BBQs, and as a group decide where funds will be distributed.

Last month, donations included: homeless charities, braille publications, arthritis research, local schools and Nippers Clubs. This last financial year, the Burleigh Heads Lions have contributed nearly \$35,000 into the community, but most importantly, they have had fun and built new friendships along the way.

If you are passionate about your community or would like the Lions to support your charity or community event, the group's president, Kyron Halleday, can be contacted on ph: 0411 143 163.



Palm Beach Soccer Club

There's never a quiet night on the Gold Coast, but if you're after something fun to do, consider heading to the Palm Beach Soccer Club. This August, they're hosting a variety of events from quiz nights to musical bingo, as well as a free musical event on Saturday, 31 August with the band *Off the Grid*, a Gold Coast cover band, playing a blend of rock from the 60s to now with many crowd pleasers.

For further information about the Club, head to: palmbeachsoccerclub.com.au



Computer club: Retired OnLine Inc.

Are you 50 years or older and want to enhance your digital skills? Join Retired OnLine Inc at Palm Beach for a blend of fun, education, and friendship. The computer club is a vibrant community exploring all things related to computing and technology.

Retired OnLine Inc offers skill development through interactive sessions that will help attendees enhance computer and smartphone use. Whether you're a beginner or an experienced user, there's something for everyone.

The club boasts a device-friendly environment, and encourages participants to bring along their own devices, whether it's a laptop, iPad, iPhone, Android tablet or smart mobile phone. Got questions? They've got answers.

You can catch a Retired OnLine Inc meeting from 10am to 12pm on the 1st and 3rd Monday of each month (excluding public holidays) at the Palm Beach Share-N-Care Centre. The entry fee is \$5.

New faces are always a delight. If you're curious, or just want to explore, drop by, they'd love to meet you.

For further information, contact Lynette ph: 0481 318 688, email: rolinfo@retiredonline.com.au or head to: retiredonline.com.au



Community meetings



Pictured: PBNC doing Tai Chi. Source: Facebook / Palm Beach Neighbourhood Centre.

Palm Beach Neighbourhood Centre

Palm Beach Neighbourhood Centre (PBNC) is a multi-purpose, community-based facility which provides services in response to the social, cultural, educational and welfare needs of the Southern Gold Coast in order to improve the quality of life of the community as a whole, and in particular, its more vulnerable members.

Each month, PBNC hosts a variety of activities for the public, such as parenting seminars, social support for seniors, community recovery assistance, counselling, gardening, bingo and more.

Find out how to get involved by heading to:
palmbeachnc.org.au



Image sourced from: Burleigh Community Men's Shed.

Burleigh Community Men's Shed Inc

The Burleigh Community Men's Shed is a space for blokes to socialise, build, and learn. Under the Australian Men's Shed Association (AMSA), the Burleigh Men's Shed is primarily a wood working shed and a space for mateship.

Along with having a relaxed focus on Men's Health and humour, the group also assists in the development of community projects and attends events around the area.

To find out more, head to:
mensshed.org/sheds/burleigh-community-mens-shed

Rotary Club of Burleigh Heads

When: 6.45am, every Thursday
Where: The Surf Club, 57 Goodwin Terrace cnr, Gold Coast Hwy, Burleigh Heads
Contact: 0438 225 820
burleighheadsrotary@gmail.com

Gold Coast Tweed Bonsai Club

When: 10am - 4pm, 2nd Saturday of the month
Where: Carrara Community Centre
Contact: goldcoastbonsaiclub@gmail.com

Dragons Abreast Gold Coast Paddling

When: 8am - 9.30am, every Tuesday and Sunday
Where: Durigan Street, Currumbin
Contact: 0413 200 368
webdagc@gmail.com

The Lions Club of Burleigh Heads

When: 7pm, 1st and 3rd Tuesday of the month
Where: Burleigh Heads Surf Club
Contact: Kyron Halleday ph: 0411 143 163

Beached @ Burleigh, Food for Help

When: 8.30am - 10.30am, every Friday
Where: Burleigh Heads Church of Christ
Contact: Ann ph: 07 5576 4677
admin@bcc.org.au

Probus Club of Burleigh Waters

When: 10am, 3rd Monday of the month
Where: Burleigh Sports Club, 111 Christine Ave
Contact: Trevor ph: 0408 660 752

Weekly Mens Group

When: 6.45pm, every Wednesday
Where: Robina
Contact: 0422 508 533

Retired OnLine Inc (Computer club)

When: 10am, 1st and 3rd Monday of the month
Where: Palm Beach Share and Care
Contact: Lynette ph: 0481 318 688

Social Chess - ChessNuts

When: 9am - 2pm, every Monday and Friday
Where: Lynne Richardson Community Centre
Contact: Ray ph: 0411 520 833

*To have your community meeting listed, email the details to:
editor@theburleighwave.com.au*



Walking for basic income



*Pictured: Daniel Hart, founder of You B I.
Source: Facebook / Basic Income Walk.*

In April, Daniel Hart set out on his mission to walk the length of Australia for basic income. Starting at Wilson's Prom and ending in Cape York, Daniel's walk will cover around 4,500 kilometres and take about six months.

Daniel founded the charity, You B I, after he travelled through Asia and witnessed extreme poverty, lack of welfare and the increased buying power of the Australian dollar. You B I's mission is liveable universal basic income for all.

You B I reaches out to local charities in Asian countries to find individuals who need financial assistance. Typically, the people You B I helps are homeless, disabled or orphaned. Currently, the organisation is helping 169 people throughout Vietnam, Laos and Cambodia.

In August, Daniel will be strolling through the sunny pastures of Burleigh and its surrounds, so keep an eye out and consider lending a hand or donating to the cause as the walk is entirely self-funded.

To donate or learn more about Daniel's walk and You B I, head to: youbi.io

Secure Disposal Day

As part of the Gold Coast District Neighbourhood Watch's campaign to prevent identity theft, the group is hosting a Secure Disposal Day on Saturday, 3 August in Robina.

For a gold coin donation, you can dispose of any unwanted personal material such as financial documents, personal correspondence, CDs, hard drives and x-rays. Everything will go into locked bins for secure shredding at the Shred-X facility.

All proceeds go towards the community safety efforts of the neighbourhood watch.

Where: Collyear Quays, Robina

When: 9am - 12pm, Saturday, 3 August

Youth band competition



Source: Mo's Desert Clubhouse.

The final instalment of the Garage Deluxe youth band competition is occurring on Thursday, 15 August at Mo's Desert Clubhouse in Burleigh Heads.

In collaboration with Expressive Ground, Garage Deluxe began last month with its first heat happening on Thursday, 25 July. Two more heats are scheduled on Thursday, 1 August and Thursday, 8 August, ahead of the final.

The competition is open for bands with all members under 25 years and at least one member living on the Gold Coast. Prizes include media package and awards tickets, filmclip shoots, strategy sessions, business consultations and \$1,000 cash. The final will showcase two bands going head to head and will be judged by a panel of industry professionals.

Mo's Desert Clubhouse is a pillar of support for many local artists and an excellent venue for live music.

When: 6.30 - 11pm - Thursday, 15 August

Where: Mo's Desert Clubhouse, 6/36 Central Dr, Burleigh Heads

Secure tickets at: mosdesertclubhouse.com

BURLEIGH OPTOMETRISTS
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 2/57 James Street
burleighoptom.com.au

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Mention Burleigh Wave to receive a **\$100 voucher** for complete prescription spectacles or sunglasses (T&Cs apply)

See us to experience the best personalised vision care with a team that cares about you



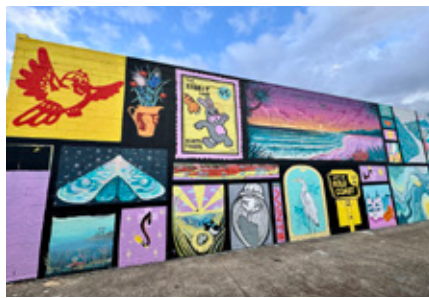
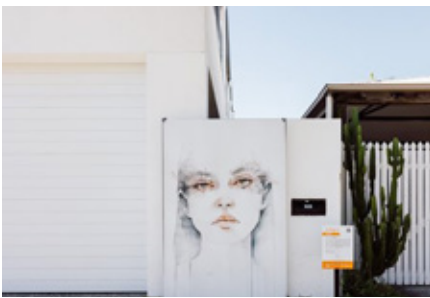
The month in pictures

Gold Coast Marathon: 6 - 7 July



Pictures courtesy of Gold Coast Marathon.

Miami Surface Festival: 23 June - 7 July



Pictures courtesy of Miami Surface Festival.

NAIDOC Week: 7 - 14 July



Pictures courtesy of Momentum Collective.



Supporting women in manufacturing



Image source: Ai Group.

The Australian Industry Group (Ai Group) is hosting a workshop at HOTA this month to celebrate women in manufacturing. This workshop will focus on innovation as a driver of change and explore the importance of creating clear pathways and inclusive workspaces for women. Queensland is striving to be a manufacturing powerhouse, and we can only get there by acknowledging and attempting to break down the barriers to equality.

To find out more about this event, contact: vickie.rapkins@aigroup.com.au or call Ai Group on ph: 3244 1756.

When: 7am - 9.30am, Tuesday, 20 August.

Where: HOTA, Surfers Paradise.

Cost: Free, but registration required. Register at: eventbrite.com.au/e/women-in-manufacturing-gold-coast-tickets-924893801257

Congratulations to local grant recipients



Pictured: Division 11 Councillor, Dan Doran, with the Robina Lions Club.
Source: Division 11 Community News July 2024.

Almost \$25,000 has gone into community and sporting groups throughout Robina, Varsity Lakes and parts of Burleigh Waters as part of the first round of project grant funding in Division 11.

The Robina Lions Club received funding for their Toasty Tuesday project, an initiative providing

breakfast for school students through the program, The Breakfast Club.

Another group which received funding was Varsity Vegies who have purchased a lifesaving defibrillator for their organisation and will train their volunteers in its operation. Varsity Vegies is a not-for-profit, sustainability centre and community garden that prides itself on being inclusive and accessible for all people.

Evans Head Heritage Aviation Museum



Opening Hours:
Sat & Sun 10am - 4pm
Tues 9am - 12pm

61 Memorial Airport Drive, Evans Head, NSW 2473 | phone: 6682 6756 | email: info@ehham.org.au | web: www.ehham.org.au



The rise of employment scams



Image sourced from: IDCARE.

Looking for work has become much easier with several online job posting sites, but many of these listings may seem too good to be true. Often, they are. If you're a member of your local community Facebook group, you may see a new member posting about a job with decent hours and rates but with little information about the actual job. Oftentimes, these postings are employment scams.

What are employment scams?

There are all sorts of employment scams, but there is a new variety popping up online. These scams are designed to recruit unsuspecting individuals to launder money, or for the job poster (the scammer) to acquire identity credentials.

These most often fall into one of the two following categories:

1. the employment opportunity and associated business is fraudulent and/or does not exist
2. the scammer is using the name of a legitimate business to advertise a job that does not exist.

What are the warning signs of an employment scam?

As stated above, if a job posting seems too good to be true, it probably is. Be wary of jobs offering flexible hours, high commissions, little or no experience required. Most often, these jobs offer working from home positions.

If you think you may have applied for a fake job, keep track of it and all future jobs you apply for to reduce the risk of responding to job offers through phishing emails.

Don't use social media like Facebook to find jobs. Try to use legitimate employment websites for your job search. Even when using legitimate websites, be wary as scammers can slip through the screening process. If there is a job posting

for a well-known company, they often will have the job listed on the 'careers' section of their website.

Call the business directly using a number you find independently.

Make sure the spelling in the URL is correct and doesn't use strange punctuation or letters in place of numbers.

Check to make sure the website actually works and that a physical address is included on the website along with email addresses and phone numbers.

A final measure is to discuss the job opportunity with family and friends before applying.

I've applied for a fake job, what do I do now?

It happens, so don't be so hard on yourself.

Firstly, you should cease all communication with the employment scammer and tell a trusted person what's happened. Ensuring you have people who can support you will help you with your emotional and practical recovery.

Contact your banks and any other financial institutions of the employment scam to request increased security on your accounts.

Notify the relevant document issuing organisations for any of the credentials you may have passed onto the scammer, such as driver licence, passport, Medicare card, bank account and ATO details.

Update your passwords across all websites along with your pin number.

If you are particularly concerned, contact the police to report any misuse of your identity.

For further information on employment scams and other online security concerns, head to: idcare.org



Stars over Burleigh: National Homelessness Week

by Emma Marie Watson and Walk With Us GC



Pictured: One of the weekly dinners at Walk With Us Gc. All images sourced directly from Walk With Us GC.

As National Homelessness Week approaches this month, the Burleigh community is rallying to address the growing challenges vulnerable individuals face. With the cost-of-living crisis continuing to impact many Australians, local organisations are stepping up to make a difference. Among these beacons of hope is Walk With Us, a Burleigh Heads-based charity which has been transforming lives since 2015.

Walk With Us began with a simple mission: to help those experiencing homelessness. However, as the organisation has grown, so has its scope. Today, they extend their compassionate reach to disadvantaged youth, individuals facing mental health issues, and survivors of domestic violence. Their approach goes beyond mere assistance; they aim to create a sanctuary where people can find the support they need and feel valued.



Pictured: Volunteers from Walk With Us GC.

Walk With Us communications head, Mick Rowan, shared insights into the charity's remarkable growth. 'We started

out in 2015 with a simple mission—to stand beside those facing homelessness. Over the years, our commitment has deepened, and we've now truly become a beacon of hope for the less fortunate in our community.'

At the heart of Walk With Us efforts are weekly events. Every Tuesday evening, they host dinners that offer more than just a meal. These gatherings provide a sit-down experience with multiple courses, creating an atmosphere of dignity and community. Wednesdays bring a more casual vibe with their popular sausage sizzles. These events are more than just about providing food; they're about fostering connections and giving people a place where they feel they belong.

As the organisation looks to the future, it has ambitious plans to develop targeted programs that empower disadvantaged youth. Their flagship initiative, EmpowerED, aims to equip young participants with the tools and mindset to take control of their futures and pursue their aspirations. By fostering self-confidence, critical thinking skills, and a sense of purpose, EmpowerED seeks to break the cycle of disadvantage and open new pathways for young people in the community. However, increased community support is essential to bring these plans to fruition.

In response to this need, Walk With Us GC is hosting its gala charity event, Stars Over Burleigh, at the Burleigh Surf Club on Saturday, 17 August. This elegant evening under the stars promises a night of entertainment and compassion, where attendees can enjoy live music and an exciting auction while contributing to a worthy cause.

Ali Plath from Triple M Breakfast will emcee the event, adding a touch of local celebrity to the proceedings. Throughout



the night, guests can look forward to live music, exciting auctions, and raffles. Pre-dinner drinks on the balcony will start at 6.30pm, setting the scene for an evening of sophistication and benevolence.



Pictured: Joel 'Parko' Parkinson with his signed board for the Stars Over Burleigh auction.

One of the auction highlights will be a signed surfboard donated by legendary Australian surfer Joel 'Parko' Parkinson. This collaboration between the surfing icon and Walk With Us demonstrates the deep-rooted spirit of giving-back that characterises the Gold Coast community. Parkinson, a native of the area and part of the famed Coolangatta Kids, has used his influence to support this local cause, bridging the worlds of professional surfing and community support.

The Stars Over Burleigh event is more than just a fundraiser; it's a celebration of what it means to be a good human. It offers an opportunity for the community to come together, share in the spirit of giving, and make a tangible difference in the lives of those who need it most.



Pictured: Fulton Hogan giving a cheque to Walk With Us GC.

Walk With Us offers sponsorship opportunities for businesses looking to make a more significant impact. These partnerships support the organisation's vital work and provide enhanced visibility for brands, recognition among the charity's 6,000-plus local social media followers, and customisable sponsorship levels to fit various goals.

As National Homelessness Week approaches, events like Stars Over Burleigh serve as a reminder of the power of community action. They highlight how local initiatives can make a real difference in addressing broader social issues such as homelessness, mental health struggles, and domestic violence.



Pictured: The Burleigh Bears rugby league club with Walk With Us GC.

Walk With Us embodies the true meaning of community support. Their work goes beyond providing immediate relief; they're building a network of care that has the potential to transform lives and create lasting change in the Gold Coast community.

As we look forward to this star-studded evening, let's remember the power of small acts of kindness and the impact of community solidarity. Whether you're a surfing enthusiast excited about the chance to own a piece of Parko's legacy or someone caring who wants to contribute to a worthy cause, Stars Over Burleigh offers a unique opportunity to be part of something truly special.

So mark your calendars for Saturday, 17 August, dust off your finest attire, and join Walk With Us at the Burleigh Surf Club. Together, we can illuminate lives, foster hope, and show what it truly means to be a good human. After all, in the words of Walk With Us: 'Be the change our community needs.'

Stars Over Burleigh: A Charity Dinner to Illuminate Lives

When: 6.30pm - Saturday, 17 August

Where: Burleigh Surf Club

Head to: walkwithusgc.org.au to secure tickets and learn more about the organisation's plans to ending homelessness.



Veteran musicians making a difference

by Emma Marie Watson



Every August we celebrate Vietnam Veteran's Day across Australia with various commemorative events happening near and far. This day aims to recognise the invaluable contribution of the Australians who served in the Vietnam War over 50 years ago.

At the Burleigh Heads RSL Sub Branch, Max Murphy is a regularly attending life member. Every second Wednesday, the RSL Sub Branch hosts a social club for its members, with many of them being veterans and a fair few having served in the Vietnam War.

It's a tough subject to talk about for many of the members, remembering comrades who had fallen, but attending these meetings gives them a sense of mateship and the opportunity to see people they may have served with all those decades ago.

Max was called up for service in October 1969 and posted to the Cunungra Jungle Training Centre/Land Warfare Centre as a junior instructor on Battle Wing, then part of the training troops for active service in Vietnam, drafted into the last MATT Team for active service. However, a change of government brought an end to the Australian commitment to Vietnam. As a level 6 Pioneer Sergeant, Max was then posted to 5/7 RAR in Holsworthy and from there, he was posted to Darwin as the QIC in charge of the removal and destruction of WWII bombs and military produce. After nine years in uniform, Max then transferred to the Defence Department as a civilian Resource Manager for another 15 years. Before ending his working career, he finally transferred to the NSW

NPWS as Senior Field Supervisor for a further 15 years.

Alongside his career, Max has been an avid musician, playing drums in many well known national and international bands. On Vietnam Veterans Day this August, the Burleigh Heads RSL Sub Branch is hosting a day of remembrance at the Cenotaph with Max performing *I Was Only 19* by Redgum and *Khe Sanh* by Cold Chisel with his bandmate and good friend, Vern Booth. Vern is a well-known and articulate guitarist and vocalist across the Gold Coast.

Max still plays in bands now, but was recently invited to join a Veterans band by the well-respected and distinguished Ian Grace. Ian Grace was Gold Coast Volunteer of the Year in 2022 and has made a huge impact on Gold Coast youth and veterans alike, starting his volunteer career with Youth Music Venture, an organisation to help youth facing hardships. In 2015, Ian founded another cause to help Veterans after learning about how many Veterans had become homeless when returning from service. He worked closely with Veteran Shaun Spain and became good friends before Shaun tragically took his own life, prompting Ian to raise awareness about veterans mental health with the creation of the Veterans band, Contact Front.

Contact Front has already played at Currumbin RSL and Seagulls, and are now booked to be the support band for the King of Pop, Normie Rowe, at Currumbin RSL later this year.

You can join the commemoration and see Max and Vern perform on Vietnam Veterans Day at 10am on Sunday, 18 August at Cenotaph, Memorial Park, Burleigh Heads.



Path to paradise

by Gold Coast Historical Museum



Pictured: The boys, Christmas 1931, camping at Burleigh Heads.

The bounties of natural resources and beauty of Burleigh have been a major drawcard for thousands of years. Lush volcanic soils, ancient rainforest and crystal clear waters held great appeal for colonial settlers, and later, caught the attention of curious naturalists. Nevertheless, the richer in natural assets, the more challenging and rugged the terrain and waters can be.

The area of Burleigh once included the broader scope of Miami and further inland into Tallebudgera. Trade and tourism routes to the area were carved by design, not accident, with the most impactful evolving into the major transport artery we now know as the M1-Pacific Highway.

The earliest European settlers to tackle the wild southern green corridors were timbergetters. Despite their fortitude in trekking through the hinterland hills, they had limitations dictated by the brutal landscape and native lore of Yowie country. Their hauls were carted by bullock as Tallebudgera Creek was too shallow to float logs down to a sea port.

By the 1860s, cotton plantations appeared in Tallebudgera, and the 1870s, the area saw further small-scale agriculture. By the 1890s, dairy cattle farming had intensified. As the settler population grew over those decades, the main means of transportation was by coach. Passengers, mail and even a dairy run were regularly serviced through the area. The rides were far from comfortable on potholed dirt tracks.

The population in the Burleigh Heads township itself was still scarce and scattered. Settlers of the village were all from NSW, excepting one German. A total of 61 settlers, made up of nine families and ten single workers across 3,354

acres, were reported in *The Queenslander* in September 1873. Only 250 acres of that were cultivated and none along Tallebudgera Creek. At that time, Burleigh Heads' agriculture was at a primitive stage, with no plough in the settlement.

On the coastal strip, coach rides between Southport and Tweed Heads were similarly perilous. Burleigh was a stopover watering-hole and soon became a hotspot for picnickers and campers. Nature lovers were fascinated by the raw beauty and unique, almost mystical qualities of the local landscape and its flora and fauna. (Body) surfing became a popular seaside pastime at the turn of the century and the southern beaches were well-attended by Brisbane campers.

The southern boom in trade and tourism was the catalyst for the construction of the South Coast Railway in 1889. Booningba (renamed West Burleigh in 1914) station was a half-hour buggy ride to/from Burleigh Heads. The train line was also a key economic driver in transporting local produce between Brisbane and Tweed Heads and carved out the transport route that became the M1-Pacific Highway.

The advent of the private motor vehicle and the consequent construction of the Jubilee Bridge at Southport in 1925 enabled greater accessibility for travellers. Political interests are cited for further reasons that the South Coast Railway ceased operations in 1964. The Gold Coast Rail Line was reopened in 1997, with the final stop at Varsity Lakes built in 2009.

Those primitive paths to paradise have evolved to become the major transport arteries for locals, and continue to bring thousands of tourists to Burleigh to this day.



Free Ride (1975) at Burleigh Heads

by Peter Harris, Surf World Gold Coast



Pictured: Peter Harris, 1975, riding the first movie camera surf board. Shot by Dick Hoole.

In 1975, filmmaker Bill Delaney embarked on a groundbreaking venture while working on his new surf movie, *Free Ride*. Delaney envisioned capturing unique footage from the perspective behind the surfer inside the tube, a feat that had never before been accomplished. To do this, Bill had to work out how to mount a movie camera onto the rear deck of a surfboard and then find a surfer who could actually get tubed with this huge and heavy device mounted on the back.

Delaney wanted the tube sequence to be of the famous long hollow Burleigh Barrel and he decided to approach the renowned shaper, Dick Van Straalen, at his new factory to see if his camera and housing could be mounted onto the tail of one of his surfboards. Van Straalen selected an older board of fellow surfer John Charlton for the task - a bright red seven-foot-plus beauty of a pintail.

The challenge lay in the weight and height of the camera, which needed to be angled perfectly to capture the surfer and the tube from behind. This cumbersome and very risky setup made it difficult to find a willing and able rider, and as it happened, I had started working at the Van Straalen factory shaping surfboards, so Dick walked into the bay and suggested that I would be the perfect guy to take on the challenge. As a reward, I would receive a new wetsuit from the film's director. Back in 1975, wetsuits were fairly hard to come by, especially in Queensland, plus they were also pretty expensive, and all I had to do was go get barrelled? Needless to say, I jumped at the opportunity.

The following morning, we gathered at Burleigh Point with Dick Van Straalen, John Charlton, Dick Hoole, and Bill Delaney to test the camera board they had set up. With no remote control, the camera would have to run continuously throughout the session, leaving the team uncertain of the results until they played it all back later in full.

Fortune was on Bill's side as well as mine because Burleigh was on the pump offering up perfect offshore barrels and the point was completely empty.

Riding the camera board turned out to be a big challenge indeed due to its sheer bulk and instability, with technology in the 70s making it at least 100 times bigger than today's lightweight handheld Go Pros.

I paddled out feeling the unusual and awkward weight behind me of this heavy military-grade camera that was capable of capturing 200 frames per second and produced clear, super slow-motion footage in its sizeable waterproof housing, crafted from perspex and silicone, securely mounted to the board with some hefty stainless steel bolts.

I recall having to feel my way by instinct alone on how to get it balanced just right and after about 20 minutes in the water I was satisfied that we had something by scoring about six or seven very nice waves without any dramas before returning it to shore, fully stoked and uninjured, whilst keeping the expensive camera and housing intact.

The crew then had to dismantle the rig and take the camera back to their makeshift studio to start the old school process of running the footage through their bulky analogue equipment. They called me at home later that evening just as they were getting to review my waves and I could hear the hoots and cheers. The crew were thrilled with the outcome as was Bill letting me know that I had secured enough quality tube time for him to achieve his dream footage.

This innovative and progressive surf movie marked the first ever use of a forward-facing, tail-mounted movie camera in a surf film and working with Bill Delaney was an exhilarating experience with our ever faithful Burleigh providing exceptional waves for the segment. Additionally, the new wetsuit was a welcome bonus and a new experience for me during the winter of 75.

Free Ride went on to become a cult classic surf movie and that hypnotic footage accompanied by the song *Breakaway* by Lyle and Gallagher went on to make history by sharing the visual experience of being in the tube with those who had never surfed before and no doubt sparked some inner desire in many to try this magical activity.

Free Ride has since been recognised as an iconic and outstanding contribution to surf filmography and 70s culture for surfers and non surfers alike who resonated with the introspective core of the film. Fittingly it has recently been digitally remastered and re-released with sell out shows around the globe, preserving the timeless legacy of this pioneering surf adventure and of our endlessly perfect Burleigh waves.



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PROGRAM SESSIONS

8.15am Welcome to Country

FRIDAY 09 AUGUST

<p>ACACIA PRESENTED BY VASUDHARA</p>	<p>9.00am - 10.00am (1) Women & Children Tony Birch in conversation with Grace Lucas- Pennington</p>	<p>10.15am - 11.15am (6) Politics and Desire Meena Kandasamy in conversation with Claire Nichols Supported by Vasudhara & ABC Radio National's The Book Show</p>	<p>11.30am - 12.30pm (10) Songs for the Dead and the Living Sara M Saleh in conversation with Tony Birch</p>
	<p>9.15am - 10.15am (2) Women Make History Meg Keneally, Victoria Purman Chair Mary Sponberg Supported by Southern Cross University</p>	<p>10.30am - 11.30am (7) Holding Power to Account Merinda Dutton, David Lindenmayer, Isabelle Reinecke Chair David Heilpern Supported by Southern Cross University</p>	<p>11.45am - 12.45pm (11) Fantasy Worlds Lynette Noni, Lili Wilkinson Chair Rhianna Patrick</p>
	<p>8.30am - 10.00am (3) ABC North Coast Live Broadcast with Bridie Tanner Featuring Candice Fox, Kate Fullagar, David Lindenmayer, Melissa Lucashenko and William McInnes</p>	<p>11.00am - 12.00pm (12) Always Will Be Mykaela Saunders in conversation with Daniel Browning</p>	
	<p>8.45am - 9.45am (4) Becoming Murdoch Eric Beecher, Walter Marsh Chair Julianne Schultz Supported by Greenstone Partners</p>	<p>10.00am - 11.00am (8) Life on the Page: Writing Memoir Kris Kneen, William McInnes, Nova Weetman Chair Alan Close Supported by Byron Homestead</p>	<p>11.15am - 12.15pm (13) Self-Publishing Jessica Mudditt in conversation with Anna Featherstone Supported by IngramSpark</p>
	<p>9.00am - 10.00am (5) True Crime Matthew Condon, Gideon Haigh Chair Nell Schofield</p>	<p>10.15am - 11.15am (9) Kin & Community Marina Kamenev, Kon Karapanagiotidis, Molly Schmidt Chair Rosemarie Milsom Supported by Byron Shire Council</p>	<p>11.30am - 12.30am (14) History: Facts & Fictions Kate Fullagar, David Marr, Sarah Percy Chair Walter Marsh</p>
<p>A&I HALL PRESENTED BY THE SATURDAY PAPER</p>			

FRIDAY 09 AUGUST



<p>12.45pm - 1.45pm (15)</p> <p>Feminist Literatures</p> <p>Caoilinn Hughes, Melissa Lucashenko, Meena Kandasamy</p> <p>Chair Ashley Hay</p> <p>Supported by Vasudhara</p>	<p>2.00pm - 3.00pm (20)</p> <p>Question 7</p> <p>Richard Flanagan in conversation with Jill Eddington</p>	<p>3.15pm - 4.15pm (25)</p> <p>Hard by a Great Forest</p> <p>Leo Vardiashvili in conversation with Jennifer Byrne</p> <p>Supported by Greenstone Partners</p>	<p>4.30pm - 5.30pm (30)</p> <p>Imperial Harvest</p> <p>Bruce Pascoe in conversation with Grace Lucas-Pennington</p>
<p>1.00pm - 2.00pm (16)</p> <p>Prima Facie</p> <p>Suzie Miller in conversation with Steph Harmon</p>	<p>2.15pm - 3.15pm (21)</p> <p>Poetry Month Showcase</p> <p>Ella Bancroft, Ali Cobby Eckermann, Luka Lesson, Jazz Money, Sara M Saleh, Nicole Smede, Anne-Marie Te Whiu, Tayi Tibble</p> <p>Supported by Red Room Poetry</p>	<p>3.30pm - 4.30pm (26)</p> <p>Planet Ocean</p> <p>James Bradley, Joëlle Gergis, Daniel Harrison</p> <p>Chair Courtney Miller</p> <p>Supported by Southern Cross University</p>	<p>4.45pm - 5.45pm (31)</p> <p>Democracy Under Threat</p> <p>Eric Beecher in conversation with John Lyons</p> <p>Supported by <i>The Byron Shire Echo</i></p>
<p>12.15pm - 1.15pm (17)</p> <p>The Visitors</p> <p>Jane Harrison in conversation with Karen Wyld</p>	<p>1.30pm - 2.30pm (22)</p> <p>Coming of Age Stories</p> <p>Graham Akhurst, Steph Tisdell</p> <p>Chair Amy Lovat</p> <p>Supported by Copyright Agency Cultural Fund</p>	<p>2.45pm - 3.45pm (27)</p> <p>Split</p> <p>Maggie Walters in conversation with Anna Featherstone</p> <p>Supported by Bold Authors</p>	<p>4.00pm - 5.00pm (32)</p> <p>Anthologies: One Vision, Many Voices</p> <p>Mykaela Saunders, Karen Wyld</p> <p>Chair Anne-Marie Te Whiu</p>
<p>12.30pm - 1.30pm (18)</p> <p>Ethics in Crime Writing</p> <p>Matthew Condon, Candice Fox, Benjamin Stevenson</p> <p>Chair Rosemarie Milsom</p>	<p>1.45pm - 2.45pm (23)</p> <p>Powerful Short Stories</p> <p>Yumna Kassab, Laura Jean McKay, Mykaela Saunders</p> <p>Chair Sana Qadar</p>	<p>3.00pm - 4.00pm (28)</p> <p>Re-writing Colonial Myths</p> <p>Kate Fullagar, Melissa Lucashenko</p> <p>Chair Walter Marsh</p>	<p>4.15pm - 5.15pm (33)</p> <p>Sisters</p> <p>Nadine J Cohen, Caoilinn Hughes</p> <p>Chair Sarah Armstrong</p>
<p>12.45pm - 1.45pm (19)</p> <p>A Seat at My Table: Philoxenia</p> <p>Kon Karapanagiotidis in conversation with Nell Schofield</p>	<p>2.00pm - 3.00pm (24)</p> <p>Home to Biloela</p> <p>Rebekah Holt, Priya Nadesalingam</p> <p>Chair Nadine J Cohen</p>	<p>3.15pm - 4.15pm (29)</p> <p>Elite Privilege</p> <p>Clive Hamilton, Louise Milligan</p> <p>Chair Erik Jensen</p>	<p>4.30pm - 5.30pm (34)</p> <p>Sassafras</p> <p>Rebecca Huntley in conversation with Steph Harmon</p>

PROGRAM SESSIONS

SATURDAY 10 AUGUST

<p>ACACIA PRESENTED BY VASUDHARA</p>	<p>9.00am - 10.00am (35) Stone Yard Devotional Charlotte Wood in conversation with Jill Eddington Supported by Elements of Byron</p>	<p>10.15am - 11.15am (40) The Art of Writing Crime  Candice Fox, Jane Harper, Dinuka McKenzie Chair Alex Adsett</p>	<p>11.30am - 12.30pm (45) Our ABC? Kim Williams in conversation with Kerry O'Brien</p>
<p>HAKEA PRESENTED BY SOUTHERN CROSS UNIVERSITY</p>	<p>9.15am - 10.15am (36) Animals, Us and Them James Bradley, Laura Jean McKay, Peter Singer Chair David Roland</p>	<p>10.30am - 11.30am (41) For The Earth Ali Cobby Eckermann, Richard Flanagan, Sue Higginson, David Lindenmayer Chair Bob Brown Supported by The Book Room</p>	<p>11.45am - 12.45pm (46) Lola in the Mirror Trent Dalton in conversation with Julia Baird Supported by Crystalbrook Byron 1.00pm - 2.00pm (51)</p>
<p>MELALEUCA MARQUEE</p>	<p>9.00am - 10.00am (37) Hazzard and Harrower Brigitta Olubas in conversation with Suzy Freeman-Greene Supported by The Book Room</p>	<p>10.15am - 11.15am (42) Archaeology of Memory Tony Birch, Sara M Saleh, Leo Vardiashvili Chair Russell Eldridge</p>	<p>11.30am - 12.30pm (47) Writing With Humour Melissa Lucashenko, Benjamin Stevenson, Steph Tisdell Chair Sana Qadar</p>
<p>LILLY PILLY PRESENTED BY GREENSTONE PARTNERS</p>	<p>8.45am - 9.45am (38) Family Ties Sarah Sasson, Jessie Tu, Karen Viggers Chair Zacharey Jane</p>	<p>10.00am - 11.00am (43) It's Not Just Cricket Gideon Haigh in conversation with Chris Hanley</p>	<p>11.15am - 12.15pm (48) Media & Justice Wayne Bergmann, Amy McQuire, Rob Waters Chair Merinda Dutton</p>
<p>A&I HALL PRESENTED BY THE SATURDAY PAPER</p>	<p>8.45am - 9.45am (39) Coffee & Papers Clive Hamilton, Marina Kamenev, Royce Kurlmelovs Chair Erik Jensen Supported by <i>The Saturday Paper</i></p>	<p>10.00am - 11.00am (44) Future of the Liberal Party Lech Blaine, David Marr Chair Lucy Clark Supported by <i>Quarterly Essay</i></p>	<p>11.15am - 12.15pm (49) Thea Astley Address James Bradley Chair Ashley Hay</p>

SATURDAY 10 AUGUST



<p>12.45pm - 1.45pm (50)</p> <p>The Road to the Country</p> <p>Chigozie Obioma in conversation with Claire Nichols</p> <p>Supported by ABC Radio National's The Book Show</p>	<p>2.00pm - 3.00pm (55)</p> <p>Psychedelic Medicines</p> <p>Tim Baker, James Bradley, Rebecca Huntley</p> <p>Chair Chris Hanley</p>	<p>3.15pm - 4.15pm (60)</p> <p>Black Duck: A Year at Yumburra</p> <p>Lyn Harwood, Bruce Pascoe</p> <p>Chair Ashley Hay</p> <p>Supported by Southern Cross University</p>	<p>4.30pm - 5.30pm (65)</p> <p>Grace</p> <p>Julia Baird in conversation with David Roland</p> <p>Supported by Vasudhara</p>
<p>Woven</p> <p>Ali Cobby Eckermann, Jazz Money</p> <p>Chair Anne-Marie Te Whiu</p>	<p>2.15pm - 3.15pm (56)</p> <p>36 Ways of Writing a Vietnamese Poem</p> <p>Nam Le in conversation with Caoilinn Hughes</p> <p>Supported by The Book Room</p>	<p>3.30pm - 4.30pm (61)</p> <p>Yeah, Nah!</p> <p>William McInnes in conversation with Marieke Hardy</p> <p>Supported by Rochdale Accounting & Advisory</p>	<p>4.45pm - 5.45pm (66)</p> <p>Aboriginal Sporting Legends</p> <p>Rhoda Roberts, Nicky Winmar</p> <p>Chair Naomi Moran</p> <p>Supported by First Nations Australia Writers Network FNAWN</p>
<p>12.45pm - 1.45pm (52)</p> <p>Writing Pain </p> <p>Sally Douglas, Ailsa Piper, Sarah Sasson</p> <p>Chair Ashley Hay</p>	<p>2.00pm - 3.00pm (57)</p> <p>The Drowning</p> <p>Bryan Brown in conversation with Jennifer Byrne</p>	<p>3.15pm - 4.15pm (62)</p> <p>The Mega Election Year</p> <p>Nick Bryant, Meena Kandasamy, John Lyons</p> <p>Chair Misha Ketchell</p> <p>Supported by The Conversation</p>	<p>4.30pm - 5.15pm (67)</p> <p>On Grief</p> <p>Imogen Carn, Gideon Haigh, Molly Schmidt</p> <p>Chair Nova Weetman</p>
<p>12.30pm - 1.30pm (53)</p> <p>Killing for Country</p> <p>David Marr in conversation with Rebecca Huntley</p> <p>Supported by Greenstone Partners</p>	<p>1.45pm - 2.45pm (58)</p> <p>Politica</p> <p>Yumna Kassab in conversation with Karen Wyld</p>	<p>3.00pm - 4.00pm (63)</p> <p>For Life</p> <p>Ailsa Piper in conversation with Charlotte Wood</p> <p>Supported by Honey Bee Homes</p>	<p>4.15pm - 5.15pm (68)</p> <p>Love, Sex & Autism </p> <p>Kay Kerr, Jodi Rodgers</p> <p>Chair Kris Kneen</p>
<p>12.30pm - 1.30pm (54)</p> <p>Writing for Performance</p> <p>Jane Harrison, Suzie Miller</p> <p>Chair Julian Louis</p> <p>Supported by NORPA</p>	<p>1.45pm - 2.45pm (59)</p> <p>Generational Inequality</p> <p>Lech Blaine, Bri Lee, Steph Tisdell</p> <p>Chair Isabelle Reinecke</p> <p>Supported by <i>The Saturday Paper</i></p>	<p>3.00pm - 4.00pm (64)</p> <p>Some People Want to Shoot Me</p> <p>Wayne Bergmann and Madelaine Dickie</p>	<p>4.15pm - 5.15pm (69)</p> <p>Slick: Australia's Toxic Relationship with Big Oil</p> <p>Royce Kurmelovs in conversation with Isabelle Reinecke</p>

PROGRAM SESSIONS

SUNDAY 11 AUGUST

<p>ACACIA PRESENTED BY VASUDHARA</p>	<p>9.00am - 10.00am (70) Cultural Touchstones Meg Keneally, Brigitta Olubas, Bruce Pascoe Chair Suzy Freeman-Greene Supported by The Conversation</p>	<p>10.15am - 11.15am (75) War & Brotherhood Chigozie Obioma, Leo Vardiashvili Chair Kerry O'Brien Supported by Greenstone Partners</p>	<p>11.30am - 12.30pm (79) Pheasants Nest Louise Milligan in conversation with Jan Fran</p>
<p>HAKEA PRESENTED BY SOUTHERN CROSS UNIVERSITY</p>	<p>9.15am - 10.15am (71) Art & Power Bri Lee, Jessie Tu Chair Courtney Miller Supported by Vasudhara</p>	<p>10.30am - 11.30am (76) The Prison Healer Lynette Noni in conversation with Sarah Armstrong</p>	<p>11.45am - 12.45pm (80) The Alternatives Caoilinn Hughes in conversation with Bri Lee Supported by Greenstone Partners</p>
<p>MELALEUCA MARQUEE</p>	<p>9.00am - 10.00am (72) America at War with Itself Nick Bryant in conversation with Chris Hanley Supported by First National Byron</p>	<p>10.15am - 11.15am (77) The Power of Creativity Kate Ceberano, Caitlin Marshall, Lizzie Rose Chair Mandy Nolan Supported by Organic India</p>	<p>11.30am - 12.30pm (81) Balcony Over Jerusalem John Lyons in conversation with Julianne Schultz</p>
<p>LILLY PILLY PRESENTED BY GREENSTONE PARTNERS</p>	<p>9.00am - 12.30pm (73) Kids Big Day Out Host Zanni Louise 9.00am Ella Bancroft 9.30am Kate & Jol Temple 10.00am Peter Carnavas 10.30am Matt Stanton 11.00am Nova Weetman 11.30am Bob Brown 12.00pm Student Writing Prizes Additional Storytime & Workshops in The Coolamon</p>		
<p>A&I HALL PRESENTED BY THE SATURDAY PAPER</p>	<p>9.00am - 10.00am (74) Deadlock: Ending Fossil Fuels Joëlle Gergis, Royce Kurmelovs Chair Julianne Schultz Supported by <i>The Saturday Paper</i></p>	<p>10.15am - 11.15am (78) Fat Girl Dancing Kris Kneen in conversation with Amy Lovat Supported by Copyright Agency Cultural Fund</p>	<p>11.30am - 12.30pm (82) Exiles Jane Harper in conversation with Zacharey Jane</p>

SUNDAY 11 AUGUST



<p>12.45pm - 1.45pm (83)</p> <p>Effective Altruism</p> <p>Peter Singer in conversation with Courtney Miller</p> <p>Supported by Vasudhara</p>	<p>2.00pm - 3.00pm (88)</p> <p>Living Hot</p> <p>Clive Hamilton in conversation with Misha Ketchell</p>	<p>3.15pm - 4.15pm (93)</p> <p>My Story</p> <p>Nicky Winmar in conversation with Gideon Haigh</p>	
<p>1.00pm - 2.00pm (84)</p> <p>The Silver River</p> <p>Jim Moginie in conversation with Marieke Hardy</p> <p>Supported by The Sunseeker</p>	<p>2.15pm - 3.15pm (89)</p> <p>The Mungo Panel: Press Freedom</p> <p>Nick Bryant, Amy McQuire, Louise Milligan</p> <p>Chair Julianne Schultz</p>	<p>3.30pm - 4.15pm (94)</p> <p>Poetry as Practice</p> <p>Nam Le, Tayi Tibble</p> <p>Chair Anne-Marie Te Whiu</p>	
<p>12.45pm - 1.45pm (85)</p> <p>Close to the Subject</p> <p>Daniel Browning in conversation with Rhianna Patrick</p> <p>Supported by <i>Koori Mail</i></p>	<p>2.00pm - 3.00pm (90)</p> <p>Unsung</p> <p>Kate Ceberano in conversation with Chris Hanley</p> <p>Supported by First National Byron</p>	<p>3.15pm - 4.00pm (95)</p> <p>Love, Death & Other Scenes</p> <p>Nova Weetman in conversation with Sarah Armstrong</p>	<p>4.15pm - 4.45pm (97)</p> <p>Shire Choir</p> <p>Melia Naughton, Sally Schofield</p> <p>with special guest Jim Moginie</p>
<p>12.45pm - 1.45pm (86)</p> <p>North Coast Noir</p> <p>Bryan Brown, Dinuka McKenzie</p> <p>Chair P.A. Thomas</p>	<p>2.00pm - 3.00pm (91)</p> <p>Mothers</p> <p>Bronwyn Bancroft, Ella Noah Bancroft</p> <p>Chair Cheryl Leavy</p>	<p>3.15pm - 4.00pm (96)</p> <p>Voices of Regional Australia</p> <p>Madelaine Dickie, Jim Moginie</p> <p>Chair Annabelle Hickson</p> <p>Supported by Galah Press</p>	
<p>12.45pm - 1.45pm (87)</p> <p>Status Anxiety</p> <p>Shahar Hameiri, Haruko Koga</p> <p>Chair Carody Culver</p> <p>Supported by <i>Griffith Review</i></p>	<p>2.00pm - 3.00pm (92)</p> <p>Unique</p> <p>Jodi Rodgers in conversation with Mandy Nolan</p>		

FEATURE EVENTS

Join us for a unique program of separately ticketed evening Feature Events with highlight guests from the festival.



Electric Poetics

Friday 09 August, 6.30pm – 7.45pm
A&I Hall, \$30 / \$25 Members

Be ignited and inspired by a powerful lineup of poets and performers. Featuring festival stars Jazz Money, Nam Le, Tayi Tibble (NZ), Meena Kandasamy (India), Mitch King, and winners from the Poets Out Loud Slam and Australian Poetry Slam heat, with music by Nicole Smede.

Supported by Kassa-Miller Giving



Gala: From the Ground Up

Friday 09 August, 8.00pm – 9.15pm
Byron Theatre, \$40 / \$35 Members

Hear big ideas to change our world with literary heavyweights, David Marr, Amy McQuire, Louise Milligan, Chigozie Obioma (Nigeria/USA) and Yumna Kassab. Hosted by Jennifer Byrne.

Supported by Greenstone Partners



Bob Brown in Conversation

Saturday 10 August, 6.00pm – 7.00pm
A&I Hall, \$35 / \$30 Members

Join Bob Brown, former senator and parliamentary leader of the Australian Greens, for an intimate evening of discussion. Bob says there is a new revolution in the air and young people are the hope of the Earth. His motto: Don't get depressed, get active. Bob will be joined in conversation by Jan Fran.



Better Off Said

Saturday 10 August, 8.00pm – 9.30pm
A&I Hall, \$35 / \$30 Members

Festival guests Ali Cobby Eckermann, William McInnes, Jim Moginie, Steph Tisdell and Leo Vardiashvili (UK) speak to the phrase 'the words I wish I'd said' and deliver a Living Eulogy to someone or something still of this earth, to celebrate the best in our lives while we're here to hear it. Hosted by Emilie Zoey Baker and produced by Marieke Hardy.

Supported by The Vasudhara Fund

For tickets and the full range of workshops, satellite events and book launches visit **byronwritersfestival.com**



Moroccan spiced chicken pot pie recipe



Image source: QLD Country Women's Association Country Kitchen's program.

QLD Country Women's Association (QCWA) Country Kitchen's program recently did a study on the country of Morocco. They've released a booklet of healthy Moroccan recipes, with this spiced chicken pot pie being one of the many dishes created by the team. Moroccan cuisine has a rich mix of Berber, Andalusian, Mediterranean and Arab influences. This recipe utilises a number of staple ingredients and vegetables, and is the perfect dish for a cold winter evening.

Method:

1. PREHEAT oven to 200°C.
2. MELT margarine over medium heat in a large ovenproof skillet. Add the onion, paprika, turmeric, cumin, coriander, pepper and chilli. Cook until onions are soft and fragrant (about 3-5 minutes).
3. ADD the flour and whisk for 1-2 minutes, until there are no lumps.
4. WHISK in chicken stock and milk slowly. Bring to the boil.
5. REDUCE heat to medium-low and whisk until sauce thickens slightly, about 10 minutes. Stir in carrots, zucchini, capsicum, dates or prunes, and almonds. Simmer for 10 minutes until tender.
6. REMOVE skillet from heat and stir in shredded chicken and parsley.
7. ROLL out thawed puff pastry on a floured surface until it is slightly larger than your skillet. Place the pastry over the skillet, tucking the sides under the top to fit.
8. BRUSH with egg and make three slits in the top of the pastry with a sharp knife.
9. BAKE until pastry is golden brown, about 45 minutes. Allow to cool slightly before serving.

Serves: 6

Prep time: 20 minutes

Cook time: 1 hour

2 serves of vegetables per portion.

Ingredients:

- 3 tablespoons margarine
- 1 onion, diced
- 1 teaspoon ground paprika
- ½ teaspoon ground turmeric
- ½ teaspoon ground cumin
- ½ teaspoon ground coriander
- ½ teaspoon ground black pepper
- ½ teaspoon chilli flakes
- ⅓ cup plain flour
- 1½ cups chicken stock, reduced salt
- ½ cup milk, reduced fat
- 2 carrots, chopped
- 1 zucchini, chopped
- 1 capsicum, chopped
- ⅓ cup dates OR prunes, roughly chopped
- ⅓ cup slivered almonds
- 2 cups chicken, shredded* (store bought rotisserie or homemade)
- ¼ cup fresh parsley leaves, roughly chopped
- 1-2 sheets frozen puff pastry, reduced fat, thawed
- 1 large egg, beaten

***Note:** If making shredded chicken at home, simply place two chicken breasts in a large pot, cover with water and bring to the boil on the stovetop. Once liquid is boiling, reduce heat, cover and simmer until chicken is cooked through. Remove and shred with a fork.



Southern Gold Coast real estate trends

by Daniel Alexander, Managing Director of LJ Hooker Southern Gold Coast



If you're looking to buy or sell your home within the next 12 months, we've gathered some interesting data pertaining to housing across the Southern Gold Coast.

Price trends

The Southern Gold Coast has experienced steady price growth within the past year. Despite broader economic uncertainties, the area's property values have generally risen. Trends show a high demand for coastal living and lifestyle properties, with estates close to the beach and those with scenic views being particularly sought after, driving prices up in these areas. With the growing population across the Southern Gold Coast, curiosity has piqued. The number of property appraisals conducted by our team on the Southern Gold Coast and in fact across the national LJ Hooker network was significantly stronger in the 2024 financial year compared to the 2023 financial year. This increase was driven by homeowners looking to gauge the value of their property considering the strong price growth seen over the past few years.

Market activity

The sales volume has increased with notable data in property transactions. Many buyers are eager to secure properties in desirable locations. The market remains competitive with multiple offers on well-priced and well-located properties being quite common.

Rental market

Despite recent changes to tenancy laws, the rental market has been robust with rental prices increasing due to high demand and a shortage of rental properties with rents rising by 8.2% annually. For example, median asking rent for houses in Currumbin is now sitting at \$1,250 per week and Elanora at \$950 per week. For units, Currumbin rentals are at \$770 per week and Elanora at \$750 per week. This trend reflects a broader national trend where rental markets are tight.

Market drivers

The Southern Gold Coast's lifestyle appeal continues to attract buyers and renters. The area is popular for its beaches, cafes, and relaxed lifestyle, making it a desirable place to live. Flexible work arrangements and relative affordability compared to capital cities means people are looking for their lifestyle of choice.

How trends will change over the next year

While the market has been strong, there is speculation about potential stabilisation or slower growth nationally in the coming months due to interest rate changes and broader economic factors. Locally however, we inhabit one of the most attractive locations in the country and people want to live here. Can you blame them? Overall, we do not have enough supply to keep up with the demand and cannot see this changing anytime soon, so this will most likely continue to influence steady price growth for the foreseeable future. It's worth noting that there are 'markets within markets' and trends can vary within different suburbs on the Southern Gold Coast and Northern New South Wales. For the most accurate and up-to-date information, it's best to speak to a local real estate specialist who has demonstrated experience and a good reputation.

Looking to buy or sell soon? Most properties are selling for the highest prices they have ever sold for and relatively speaking, the Southern Gold Coast is a pretty safe place to invest in property.



Pictured: 38 Twenty Sixth Avenue, Palm Beach, sold by David Lonie.



Car of the month



Owner: Brendon Napier

This beautiful 1955 Chevrolet 210 Townsman has been in the possession of Brendon Napier for the past two years after seeing it advertised for sale at Cooly Rocks On in 2022.



The station wagon has a vintage look with a patina finish on its exterior, staying true to the age of the car and giving it a healthy dose of character. The interior is a gorgeous juxtaposition to the outside, with a refurbished vintage dash and leather seating.



Running in better condition than ever with a completely upgraded engine and working gear, the 1955 Chevrolet 210 Townsman is a one-of-a-kind vehicle that Brendon feels lucky to own.

Tamborine Mountain Car Festival: Sunday, 4 August



Image source: Tamborine Mountain Men's Shed.

The annual Tamborine Mountain Car and Bike Show is on Sunday, 4 August this year. Take a scenic drive into the Gold Coast Hinterland and check out a plethora of restored display vehicles while you're there.



Car and motorbike enthusiasts are guaranteed to see something they like with over 200 vintage, classic, custom, muscle cars and motorbikes on display.

Book your tickets now at: tmmensshed.com/carshow

When: 8.00am - 1.00pm, Sunday, 4 August

Where: 400 Long Rd, Tamborine Mountain

Active & Healthy Lifestyle Guide



The *Active & Healthy Lifestyle Guide* for 2024 - 2025 is out now. The guide has been developed by the Active & Healthy program to encourage and support people to not only become more active, but to help build and maintain strong connections within the community.

The guide is jam-packed with ideas, events and general health tips for Gold Coasters. At 120 pages, you'll be sure to find something that suits you or your family.

Mayor Tom Tate notes that the guide 'supports our [the Gold Coast's] broader Sport and Physical Activity Strategy which is a 10-year blueprint of the Coast's march towards the 2032 Olympics and Paralympics.'

Many of the activities within the guide are free or low-cost and showcase events held across the next 12 months.

Check out the online calendar or download a PDF version of the guide at: goldcoast.qld.gov.au



Fishing for Gold (Coast)

by Mark Spencer, True Blue Fishing

Flathead fishing on the Gold Coast is a thrilling pursuit that caters to anglers of all levels. These unique predators, known for their flattened bodies and delectable fillets, offer fantastic opportunities for a rewarding catch. In this comprehensive guide, we'll delve into the world of flathead fishing on the Gold Coast, providing valuable insights, tips, and tactics to make your angling adventures resounding successes. Discover the best practices, hotspots, and gear essentials for flathead fishing in this coastal paradise.

Understanding Gold Coast's flathead species

The Gold Coast is home to various flathead species, with the Dusky Flathead and Sand Flathead being the most prevalent. Dusky Flathead (*Platycephalus fuscus*) sport mottled brown coloration and can grow to over 1 metre in length, while Sand Flathead (*Platycephalus bassensis*) are pale with distinctive blue spots and can reach lengths exceeding 50cm.

Seasonal considerations

Flathead remain accessible throughout the year, but mastering their seasonal movements can significantly enhance your chances of success.

Winter presents opportunities to target larger flathead in deeper waters. Look for them near submerged structures, wrecks, and artificial reefs.

Baits and lures

Now, let's explore the best baits and lures for successful flathead fishing on the Gold Coast.

Best baits

- **Prawns:** Fresh or frozen prawns emit enticing scents that attract flathead effectively.
- **White Bait:** Small white baitfish are a natural part of flathead's diet and make excellent bait choices.
- **Pilchards:** Versatile and available, pilchards can be used whole or cut

into strips to entice flathead.

- **Strip Baits:** Slices of fish, such as mullet or tuna, serve as appealing options, especially when fresh.
- **Live Herring and Mullet:** If live baits are accessible, they are irresistible to hungry flathead.

Best lures

- **Soft Plastics:** Soft plastic lures, particularly paddle-tails or curl-tails in natural hues, are preferred. Jighead weight is less critical for flathead, providing versatility.
- **Hard Bodies:** Hard-bodied lures mimicking small fish or prawns prove enticing to flathead.
- **Vibes:** Vibration lures, known as vibes, generate movement and sound underwater, attracting flathead effectively.
- **Blades:** Metal blades cover a wide area and imitate injured baitfish, making them a solid choice.

Tides matter

Mastering the tide is essential for successful flathead fishing. The consensus among anglers is that the run-out tide often yields the best results. Flathead are ambush feeders, positioning themselves near drop-offs and channel edges to await prey. However, the tide's effectiveness can vary depending on the specific location. Some spots excel at the start of the run-out tide, while others shine as the tide recedes, influenced by water depth and baitfish movements.

Keep moving

Flathead's feeding behaviour sets them apart from other species—they remain relatively stationary when in feeding mode, waiting for prey to come within reach. To increase your chances, bring your lure to them. If you've cast several times without success, don't hesitate to move. Drifting, casting, or trolling are favoured techniques to cover more territory and pinpoint flathead-rich areas. Once you've found

a productive spot, maintain consistent casting, particularly in high-traffic bait zones like converging channels.

Bottom dwellers

Flathead's affinity for the seafloor simplifies lure selection—they're nearly always found on the bottom. This characteristic makes soft plastics a preferred choice, as jighead weight is less crucial compared to other species.

Go light

Using lighter gear and leaders increases your odds of hooking more flathead. Sharp teeth can wear through light line, but wire traces are unnecessary. Monofilament leaders ranging from 5-10kg are adequate, with 5kg serving as an excellent starting point. Adjust based on conditions and target fish size.

Softly does it

Handling hooked flathead requires a gentle touch. While they may not make dramatic runs like billfish, a delicate approach is essential. Avoid sudden movements, as lifting their head can trigger vigorous thrashing that may damage leaders. Keeping the fish as horizontal as possible, especially near the boat, reduces the risk of escape.

Hotspots on the Gold Coast

- **Broadwater:** The expansive Broadwater offers numerous sandbanks, channels, and shallow areas ideal for flathead.
- **Southport Seaway:** Known for its depth and strong tidal flow, fishing the Gold Coast Seaway you will attract larger flathead, particularly during tidal changes.
- **Jumpinpin Bar:** Located at the convergence of the Gold Coast and North Stradbroke Island, this area is famous for flathead, especially during summer.
- **Currumbin Creek:** Renowned for its estuarine waters and sandy banks, Currumbin Creek is a picturesque flathead hotspot.



Brett Whiteley: Inside the Studio



Pictured above: Brett Whiteley, *Self portrait in the studio*, 1976. Pictured below: *Inside the Brett Whiteley Studio*.
Source: Art Gallery of New South Wales, purchased 1977.

The Logan Art Gallery is hosting *Brett Whiteley: Inside the Studio*, a major travelling art exhibition, from now until Sunday, 8 September. This is a particularly exciting exhibit, with the Logan Art Gallery being the first venue in Australia to receive the exhibition, and the only venue in Queensland that will be hosting the works. The collection is a collaboration between the Logan City Council, the Art Gallery of New South Wales and the Brett Whiteley Studio and has been assisted by the Australian Government's Visions of Australia program.

Brett Whiteley is one of Australia's most celebrated artists. Before his death in 1992 at the age of 53, Whiteley was a multiple winner of three of Australia's premier art prizes such as The Archibald Prize in 1976 and again in 1978, The Sir John Sulman Prize in 1976 and 1978, The Wynne Prize in 1977, 1978 and 1984. His 1976 Archibald Prize winning entry and perhaps best-known work, *Self portrait in the studio*, will be displayed at the Logan Art Gallery as part of this exhibition.

The exhibition includes paintings, drawings, sculptures, collages, ceramics, sketchbooks and a playlist of songs from Whiteley's vinyl record collection. There will also be rarely seen photographs of Whiteley at work and sometimes at play in studios in London, New York and Sydney. After leaving Logan, the collection will travel to regional galleries in Perth, Orange and Ballarat.

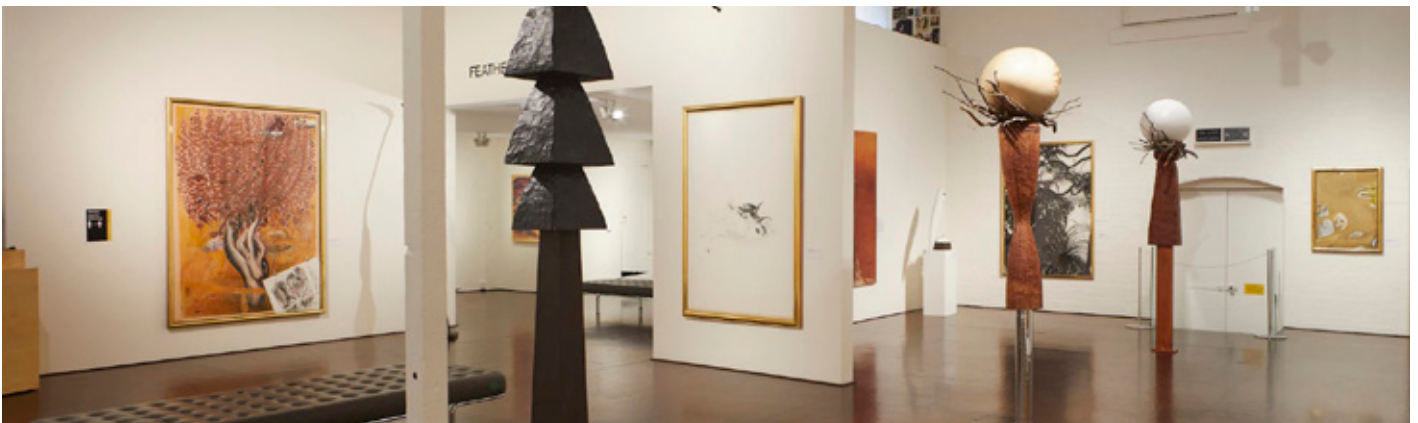
Brett Whiteley: Inside the Studio

When: Saturday, 20 July to Sunday, 8 September

Where: Logan Art Gallery, Wembley Rd and Jacaranda Avenue, Logan Central

To find out more about the exhibition and book your free tickets, head to:

loganarts.com.au/event/brett-whiteley-inside-the-studio





Enjoy BLEACH* Festival in Burleigh



All images sourced from BLEACH* Festival, bleachfestival.com.au

This year's annual contemporary arts festival, BLEACH*, begins on Thursday, 1 August until Sunday, 11 August. The Festival is now in its 13th year and invites audiences to 'listen to their heart' and discover epic and intimate out-of-the-box experiences connected to the Gold Coast.

BLEACH* is set up across three different hubs: North Burleigh, Broadbeach and Home of the Arts (HOTA) in Surfers Paradise. The North Burleigh Hub is the beating heart of BLEACH*, boasting a two-week program of free and low-cost, family-friendly events. You can head to North Burleigh and catch some of the artworks across any of the opening days, or see the below list for specific experiences.

North Burleigh Hub

All of the events listed are held at the North Burleigh Hub located at: Love Your Local North Burleigh Hub, Ed Hardy Park, The Esplanade, North Burleigh.

To register for any events, head to: bleachfestival.com.au

First Light

When: 6am - Thursday 1 August
Cost: Free, but registration required.

First Light is the opening event of the festival. Head to the North Burleigh Hub bright and early for a solo by William Barton, songs by the Wayfinders Choir led by Rubina Kimiia, and a performance by Mohini Cox and the Sunrises.



HEXADECA

When: Thursday 1 - Sunday 11 August
Cost: Free

Immerse yourself with HEXADECA, an interactive artwork that activates a portion of a musical score when sat upon. When all seats are occupied, the entire track will play, turning the installation into a sound garden.

The Farm – TEN

When: Daily 6pm
Thursday 1 - Friday 9 August
Final performance 7pm - Saturday, 10 August
Cost: Free, but registration required.

The Farm are a Gold Coast-based performance group, and BLEACH* Festival is proud to announce the premier of their brand new work, *TEN*, a performance piece made in public during the festival. Watch the show come to life and see the world premier of *TEN* on Saturday, 10 August.

Live Music Stage

When: Various times
Friday 2 - Sunday 4 August and
Friday 9 - Sunday 11 August
Cost: Free

Curated by the Gold Coast Music Awards, the Live Music Stage will feature a host of 2024's most inspiring. Open Friday to Sunday for the duration of the festival, this non-stop, openair gig is the epicentre of good vibes.

Inking and Natural Fibres

When: 1pm - Saturday 3 August
Cost: \$15

Hosted by Torres Strait Islander artist, Lisa Sorbie Martin, Inking and Natural Fibres is a sustainable art workshop that teaches attendees how to use recycled fibre yarns, organic cotton and eco inks to craft unique textiles.



Yugambah Traditional Weaving

When: 1pm - Sunday 4 August
Cost: \$15

Join Auntie Erica Eurell on the land of the Yugambah and Kombumerri people for the Yugambah Traditional Weaving workshop. Connect with Country while crafting unique woven items, taking home a beautiful piece of nature.



The Walking Track

When: 12pm and 4pm
Saturday 10 and Sunday 11 August
Cost: Free, but registration required.

Visit *The Walking Track*, an immersive exhibition where six artists orchestrate their own performance piece under the guidance of Karul Projects, champions of First Nations voices.

Feeling Cross or Comfy?

When: 1pm - Saturday 10 August
Cost: \$15

Feeling Cross or Country is a beginner-friendly knitting and cross-stitching craft workshop led by Melissa Spratt and Tal Fitzpatrick.



Fever Dream

When: 5pm - Saturday 10 August
Cost: Free

Fever Dream is a moving art installation that invites attendees to create their own handheld stingrays to join in the parade alongside a colossal eight-metre stingray, pelicans and mudcrabs.

Make Your Own Nature Brushes

When: 1pm - Sunday 11 August
Cost: \$15

Make Your Own Nature Brushes is a workshop hosted by Indigenous artist Norton Fredericks and Sri Lankan artist Kuweni Dias Mendis. Learn how to find items in your own backyard to create art.



Last Light

When: 5pm - Sunday 11 August
Cost: Free, but registration required.

To close off the festival, musician Tim Munro and composer Thomas Green will deliver a musical masterpiece with an eight-piece electric guitar outfit accompanied by the sounds of the crashing waves on North Burleigh Beach.

Blackline & Friends Closing Party

When: 5.30pm - 8.30pm
Sunday 11 August
Cost: Free

What better way to end a festival than with a party. Blackline Band and friends bring a blend of soul, hip-hop and RnB to the North Burleigh Hub for the final concert of the festival.

Top Dog Film Festival



Dog lovers won't want to miss this year's Top Dog Film Festival at HOTA on Saturday, 24 August. Launched in 2017, the Top Dog Film Festival was created to showcase the bond between dogs and people through independent film.

The Festival screens over two hours of inspirational, heartwarming and entertaining films all about dogs and their companions.

Head to: topdogfilmfestival.com.au to secure tickets. If only dogs could too enjoy the big screen.

Miami Surface Festival



Pictured: Mural by Biffy Brentano, located at 2172 Gold Coast Highway. Image source: Miami Surface Festival.

Last month, Miami hosted their annual Surface Festival to showcase local street artists. From 23 June until 7 July, Miami was filled with artsy locals, painting fencelines and murals on local businesses.

Along with street art, the Festival hosted live music, walking tours, open mics, skate sessions, and much more. Many of the public art is still on display despite the completion of the Festival. Head to Miami to get a close look at what our wonderful community has created.

For the full picture gallery, visit: surfacefestival.com.au



Pictured (left): Farm & Co. Source: Mathilde Bouby Photography. Pictured (right): Main course of banquet dinner.

Farm & Co Restaurant: Paddock to plate dining

review by Charla Rallings

Farm & Co Restaurant offers a quintessential paddock-to-plate dining experience. Located in the Tweed Valley, Farm & Co Restaurant opened its doors in September 2022, quickly establishing itself as a unique culinary destination, set on a 52-acre organic farm in Cudgen, just 30 minutes from the Gold Coast and 30 minutes from Byron Bay. Overlooking paddocks, sunflower fields, avocado groves, and a macadamia orchard, the restaurant embodies the essence of sustainable and locally-sourced dining.

Under the stewardship of Venue Manager Amy Brown, the restaurant collaborates closely with farm owners Michele Stephens and Ian Kettle to design seasonal menus. This commitment to sustainability and excellence is reflected in every aspect of the restaurant.

Ambiance

The drive from Byron to Cudgen was a breeze, and upon arrival at sunset, my mother and I were greeted with a warm, inviting ambiance. The restaurant's undercover outdoor setting, adorned with rustic, farm inspired decor and large gas heaters, provided a cosy atmosphere complete with sweeping views of the farm. The lighting and music were unintrusive, and perfectly set the stage for our dining experience.

Staff and drinks

Our evening began with a warm welcome from front-of-house and Venue Manager, Amy Brown, who promptly guided us to our table. Her knowledge and passion for the restaurant's philosophy was evident as she detailed the evening's menu and expertly recommended wine pairings. She recommended the 'leftover lemonade' as an alternative to an alcoholic beverage. Crafted from left-over fruit rinds, this drink was a revelation. With a herby complexity, possibly from lavender or rosemary, it was a sophisticated and refreshing alternative and I regret not getting one for myself.

Food

The menu at Farm & Co offers an impressive variety, with menu options for vegans and vegetarians - such as my mum. The set menu is generous, featuring all three entrée options, a choice of main, three sides, and dessert per person for \$69. Entrée included pizza frita bread with smoked butter, farm tomatoes with Byron Bay Stracciatella drizzled with crispy XO oil, and a smoked ham hock terrine with cucumber pickle and radicchio. Our favourites were the first two of this set. The soft, airy bread paired beautifully with the farm tomatoes, and Byron Bay stracciatella. The tomatoes, bursting with flavour, were a standout and the smoky-salty butter added further depth to the scent-accurate taste of the bread. Farm & Co also offered us a bonus entrée to try - the fried pork belly skewer - as part of their regular Sticks and Spritz menu every Sunday from 1pm-3pm The pork belly was perfectly caramelised and balanced with their in-house pickle.

For mains, my mum chose the vegetarian charred zucchini, feta, and lemon pasta with a brioche crumble. It was a highlight with creamy, tangy and herby notes, that blended harmoniously and kept you coming back for more. As a meat-eater, I opted for the wood-smoked lamb shoulder. Presented in a red-wine jus with crispy curry leaves and peas, the lamb was tender yet firm (due to the complex cooking process that softened the proteins while retaining texture) with a subtle smokiness that enhanced rather than overpowered the dish. The charred broccolini with coriander and mint dressing, served on a bed of sunflower hummus, was a surprising and delightful side with its nuttiness, slightly grainy texture, and overall uniqueness of flavour. The side salad was jam packed with herbs, and the fried potatoes tasted wonderful, rounding out the main perfectly.

By the time dessert was presented, I wasn't sure if I'd be able to eat any more. However, the tropical cheesecake with honey



oat crumble was an absolute triumph. Presented in a charming little jar, the tangy passionfruit and strawberries cut through the richness of the cheesecake, while the honey oat crumble added a sweet/salty contrast. As a cheesecake addict, I've often been disappointed by the varying renditions, but I found this dessert to be exceptionally well-balanced and irresistible.

Overall

Farm & Co Restaurant offers a truly remarkable paddock-to-plate dining experience. With generous portion sizes, a varied menu, and a commitment to sustainability, it's a destination worth visiting. The three-course banquet, priced at \$69, is excellent value for the quality and quantity of food and the relaxed, family-friendly atmosphere makes it ideal for gatherings of all sizes. Plus, knowing that any leftovers and kitchen scraps are composted or used to feed the farm's animals, adds to the guilt-free enjoyment of the meal. With a seasonal menu that evolves with the farm's produce, or is locally sourced within the Tweed and Byron Shires, each visit promises a unique and delicious experience. Whether you're in for a Sunday brunch, a Sunday Picnic on the Lawn, a coal-fired BBQ, or indulging in a beautifully curated banquet, Farm & Co Restaurant is a must-visit for food lovers seeking an authentic farm-to-plate journey.



Farm & Co will be hosting a special Indian-Inspired Feast event with guest chef Christine Manfield on 9 August. Kids eat free every Friday until 30 August, and children can explore the new kids' play area or enjoy games on the restaurant lawn. Book online and add code 'Family Friday' to receive the complimentary kids dining option.

For more information visit: farmandcorestaurant.com.au

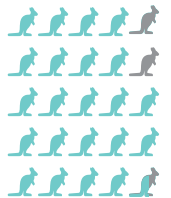
FOOD

STAFF

VALUE FOR \$

WOULD I RETURN

OVERALL



Author was a guest of Farm & Co Restaurant.



BASQ HOUSE



A tranquil oasis for those craving some alone time

4 Fletcher Lane, Byron Bay | basqhouse.com.au



Elanora State High School: every student matters

Elanora State High School is committed to nurturing every student's potential by offering individualised pathways to success. The school's holistic approach ensures that students not only achieve academically but also develop a love for learning and school. This commitment is evident in the school's recent triumph at the Australian Interschools Surfing Championships, presented by Ghanda, where Elanora SHS was crowned champions.

Elanora SHS's Senior Boys Tag Team clinched the top spot in the competition held at Miami Beach on the Gold Coast. The team, with an impressive score of 21.63 points, demonstrated exceptional skill and teamwork. This victory is just one of many successes that highlight the dedication and talent of Elanora SHS students.

For students in Yrs11 and 12, Elanora SHS offers a unique alternative to traditional schooling through Cooee GC. Cooee GC provides a pathways-focused education, allowing students to tailor their learning experiences to their interests and career goals.

At Cooee GC, students actively engage in opportunities to better themselves and their community.

Elanora SHS's philosophy is that every student matters,



Pictured: Elanora SHS's Cooee GC program. Source: Facebook / CooeeGC

and every student can succeed. The school's programs and achievements reflect this belief, creating an environment where students are engaged, passionate about learning, and prepared for future success. The recent surfing championship result is testament to the school's commitment to excellence and the incredible potential of its students.

Elanora SHS and Cooee GC, share a vision of a thriving community which fosters the wellbeing of individual learners to harness their potential and become confident and resilient global citizens. They are equipping every student with the necessary tools to succeed in life beyond school in what ever their chosen path is.

Navigating school zones like a pro



Image source: RACQ.

School is in session, and so are school zones. It's as important as ever to be safe on the roads, but kids can be unpredictable, meaning drivers in areas near schools should be on high alert during school hours.

School zones vary across the area, with most places in Queensland requiring drivers to stick to the 40km/h speed limit between 7.00am - 9.00am and 2.00pm - 4.00pm, Monday to Friday.

No matter where you are and what the speed limit is, stay alert, watch out for pedestrians, cyclists and other motorists.

With buses and high traffic during school pick up and drop off times, respecting parking signs and road rules is a must. To prevent traffic build-up and accidents, always use designated pick up and drop off areas.

Make your way out of a school zone before completing any risky manoeuvres like u-turns and double parking.

You can find a school zone map at: qgso.qld.gov.au/maps/edmap



Ballet story time



Image source: Gold Coast Libraries.

Head to Burleigh Heads Library Thursday, 8 August for a ballet storytime hosted by BalletX. Starting at 10am, this engaging session will be a seamless blend of storytelling with the elegance of ballet. The event will begin with a tale selected from the book of the week, then transition into a ballet class for little ones aged two to five years.

Help your kids explore their imagination, enhance their musicality and express themselves through creative movement.

When: 10am - Thursday, 8 August

Where: Burleigh Heads Library

Cost: Free, no bookings required.

Kids corner

Jokes for kids

Q: What did one eye say to the other eye?
A: Between you and me, something smells.

Q: Why did the beach blush?
A: Because the seaweed.

Q: What do you call a bear with no ears?
A: B.

Q: Why did the dinosaur cross the road?
A: Because the chicken didn't exist yet.

Q: What key do you use to open a banana?
A: A monkey.

Knock, knock...

Who's there?

Lettuce.

Lettuce who?

Lettuce in and you'll find out.



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Evaporative dry eye

by Meghan Holzheimer, Burleigh Optometrists



Itchy, scratchy, stinging, sandy, burning eyes and blurry vision; these are just some of the ways that dry eye can affect people.

Dry eye disease is the name given to a very broad range of symptoms that happens as a result of a lack of balance in the tear film. If this tear film doesn't contain the right balance, it can evaporate too quickly, causing irritation and inflammation. The eye then becomes more like a rusty ball bearing grinding away, instead of a nice lubricated ball bearing that moves around smoothly.

The good news is that there are many options available to help manage dry eye. A major factor in dry eye can be

unhealthy meibomian glands which lead to evaporative dry eye. These tiny glands are hugely important in stabilising the tear film. They produce oils that seal the tears to protect against evaporation. If meibomian glands are not functioning properly, the oil gets stuck in the gland and start to solidify, which makes it even less likely the oil will be able to move out of the gland.

We can manage this problem by using heat compresses to help melt the oil again, so it can move out of the gland. It is important to use a heat compress that is designed for use on the eyes, and to use it as prescribed by your optometrist.

It takes time to bring the oil glands back to a healthy state, and during this time a lubricating eye drop that contains oil can help relieve symptoms by adding oils to the tear film. These drops are more milky white in colour in contrast to the clear liquid in typical eye drops.

Dry eye is a complex condition and there are many more management options available. Your optometrist will be able to discuss what options are best for you. It is important to understand that dry eye can't be cured; your optometrist will discuss an appropriate treatment plan with you to manage your dry eye and keep you symptom free.

Tradies National Health Month



Image source: Australian Physiotherapy Association.

Tradies National Health Month is a yearly initiative held in August by the Australian Physiotherapy Association (APA). This year's theme focuses on how physiotherapists can help tradies boost longevity so they can work until they're ready to retire.

Many tradies have dangerous jobs which lead to more workplace safety incidents, in turn, keeping them away from work at higher rates than other occupations. Tradies working in construction face the highest workplace injury rates in Australia.

The APA is hosting a competition for any tradies who complete a Find A Physio search on their website going into the draw to win a pair of Steel Blue boots. Learn more at: australia.physio



Growing your groceries for spring



Winter is a tough time for our gardens, but the climate is getting warmer again now that we head toward spring. With the cost of living at an all time high, it's a good time to invest in a vegetable garden at home to cut some costs at the supermarket.

How and where should I set up my veggie garden?

Ideally, harvestable plants need a sunny location to grow. We want the plants to receive around five to six hours of direct sun a day.

Once you've figured out where the growing will be done, prepare the soil well. You should add to your soil with organic matter, such as compost or manure, then rake and water the garden bed. You want the organic matter to settle and break down before you begin planting, so you should wait at least a week before touching your soil again.

If you're growing your edibles in pots, you should choose a good quality potting mix. Plants in pots require more frequent watering than those in soil beds, but this depends on weather conditions and where the plants are placed. The finger test is

your best bet on knowing when to water your plants.

What can I grow for spring?

There are a large variety of edibles you can plant now and that will be harvestable in no time, such as:

Vegetables	Herbs	Leafy Greens
- Beans	- Basil	- Lettuce
- Beetroot	- Chives	- Amaranth
- Carrots	- Oregano	- Rocket
- Chillies	- Parsley	- Silverbeet
- Cucumbers	- Mint	- Asian greens
- Spring onions	- Rosemary	- Watercress
- Radish	- Coriander	
- Tomatoes		
- Zucchini		





The art of Bonsai: a blend of nature and tradition

The art of bonsai, rooted in ancient Chinese horticultural practices and refined by Japanese masters, is a testament to patience, skill, and an intimate connection with nature. Originating nearly 3,000 years ago, bonsai involves the meticulous cultivation of miniature trees, each one crafted to mimic the grandeur and elegance of ancient full-sized versions. This delicate balance of pruning, wiring, and care transforms a simple sapling into a living sculpture, capturing the essence of the natural world in miniature form. Bonsai is more than just an art form; it is a meditative practice where the artist and tree share a symbiotic relationship, embodying the timeless beauty of nature. As each tree matures, it tells a story of dedication and craftsmanship, reflecting the harmony between human creativity and the natural world.

Through bonsai, we are reminded of the profound beauty and tranquility that can be found in the smallest of living things.

Joining a bonsai club, such as the Gold Coast Bonsai Club, allows enthusiasts to share their journey with like-minded individuals. Members exchange knowledge, techniques, and inspiration, fostering a sense of community and mutual growth. Whether you are a novice or an experienced artist, belonging to a club enhances the bonsai experience, providing opportunities for learning, collaboration, and friendship. Together, members celebrate the art of bonsai, nurturing their trees and their passion for this timeless tradition. The Gold Coast Club meets the 2nd Saturday of each month at Carrara Community Centre. Visit: goldcoastbonsaiclub.com.au for more details.



Landcare Week: 5 - 11 August



Image source: Landcare Australia.

Landcare Week is an annual celebration of landcare, with this year's commemorations held from Monday, 5 August until Sunday, 11 August. The theme is L.I.F.E Landcare is for Everyone and aims to acknowledge the Australians who are actively restoring, enhancing and protecting the natural environment in their community.

Landcare Australia has encouraged community-led groups working on environmental projects to get involved to promote the great work they're doing for our country.

Not involved in a Landcare community group but want to get involved in Landcare Week? You can volunteer and find

a group near you. Landcare Australia has a directory that allows users to search their suburb and find local community groups for volunteers. Here are some organisations looking for volunteers in the Burleigh and surrounds area:

Miami Bushcare Group

Email: srobinson@goldcoast.qld.gov.au
Phone: 5581 1537

Tarrabora Reserve Bushcare Group (Palm Beach)

Email: srobinson@goldcoast.qld.gov.au
Phone: 5581 1537

Southern Beaches Community Garden (Tugun)

Phone: 0407 739 509

NaturallyGC Landcare (Merrimac)

Email: naturallygc@goldcoast.qld.gov.au
Phone: 5581 1537

Golden Four Dune Care (Elanora)

Email: care4tugun@gmail.com
Phone: 5598 3424

For more organisations and further information about Landcare Week, head to: landcareaustralia.org.au



Slow down for our native animals



Image source: Currumbin Wildlife Sanctuary.

Winter brings a longer dusk and a longer dawn, which means native animals are spending more time outside and on our roads. Local residents have been urged to slow down and keep a look out to help protect native animals.

Koalas and some of our other native animals, such as echindas, have their breeding seasons in late-winter to summer, so during this time, they are a lot more mobile.

To help alert drivers to wildlife, the City has installed a number of road management and habitat initiatives such as flashing wildlife signs, fauna fencing, buying and protecting land for native animal habitat, providing Wildcare with an animal ambulance, and restoring native habitat through tree planting.

To report an injured animal or an animal in distress, contact Wildcare on ph: 5527 2444. Deceased animals should be reported directly to the City on ph: 5667 5976.

GCWA's ongoing commitment to sustainability



Pictured: GCWA CEO, Chris Derksema, at the Marinas24 Conference. Source: GCWA.

Gold Coast Waterways Authority (GCWA) is a pillar of sustainability and has continued its commitment to environmental stewardship through the sponsorship of a *Climate Ready Guidebook* for marinas.

The *Climate Ready Guidebook* is a Marina Industries Association publication that serves as a comprehensive resource to assist marinas in embracing climate resilience strategies and advancing decarbonisation efforts.

The announcement of the sponsorship was presented by

GCWA's CEO, Chris Derksema at the Marinas24 Conference in June. Derksema shared stories of the GCWA's unwavering dedication to safeguarding the Gold Coast waterways for future generations and emphasised the critical role of sustainable practices in marine management.

The *Climate Ready Guidebook* is available to download now for all Marina Industries Association Members. Access it by heading to:
marinas.net.au/resource-centre/climate-ready-guidebook



Keep Australia Beautiful Week

by Reedy Creek Recycle Market

Keep Australia Beautiful Week is happening from Monday, 5 August until Sunday, 11 August. As we look across our beautiful community we all know how important it is to keep it tidy and free of clutter. One way to do this is to reuse and upcycle no longer wanted items.

At the City of Gold Coast's Reedy Creek Waste and Recycling Centre, located within the 'big shed' near 'Recycle Street', we have on hand one of the largest upcycling facilities in Queensland, the Reedy Creek Recycle Market.

Endeavour Foundation's team, including employees we support, run a seven day a week driveway drop-off service for items that can be reused or upcycled. Open from 7am to 4.50pm the facility processes roughly 70-80 tons of furniture, lounges, bric-a-brac, bikes, surfboards and much more per month.

The Recycle Market focuses on items that can be turned into home projects to give that beach house feel or items of a retro or vintage nature that can add an eclectic mix to your home décor.

Freeing up space at home might not immediately feel like a way to keep Australia beautiful but it absolutely is. Often old furniture is left in the shed to rot away and inevitably ends up in landfill.

Our reuse of bikes for spare parts keeps many children and families happy as we can extend the life of bikes at a reduced price, and you reduce abandoned bikes across our waterways by coming to us as we take bikes in any condition, either for parts or for metal recycling.

So, if you have items at home that can be utilised by others, it's best to bring them in as soon as possible so we have the best chance of reclaiming them and keeping them in use.

All funds also assist Endeavour Foundation to support people with disability to turn possibilities into reality. Which means you are recycling and donating at the same time for double the goodwill.



Pets of the month



Name: Malone
Age: 8 months
Breed: American Staffy cross Cattle Dog
Gender: Male

Health check: Desexed, microchipped, vaccinated, wormed and flea treated.

Adoption price: \$450

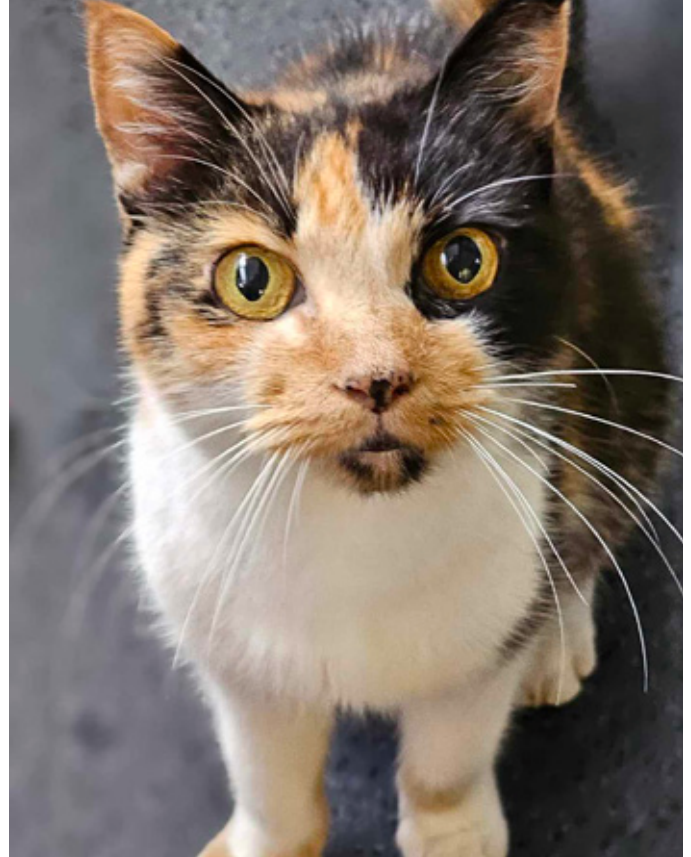
Hi, I'm Malone. I had a rough start to life, but I'm a clever young man and have landed on my feet. I'm a social boy who loves being around people and playing endless games of fetch. Being a young fella, I'm keen to continue the training I've been learning here at the RSPCA. I have great manners and I know how to sit, adore my treats and toys, and enjoy my daily walks with other dogs too. I am open to sharing my home with another doggy companion. If you have a social, female dog I'd love to meet her. If your home is missing a Malone, please apply to adopt me today.

Available from: RSPCA Brisbane Animal Care Campus – 139 Wacol Station Rd, Wacol. Open Tues-Sunday.

Apply online to adopt: rspcaqld.org.au/adopt

RSPCA adoption line: 1300 364 443

If you'd like to see your pet featured in *The Burleigh Wave*, email us at: editor@theburleighwave.com.au



Name: Turtle
Age: 3 years
Breed: Domestic Short Hair
Gender: Female

Health check: Desexed, microchipped, vaccinated, wormed and flea treated.

Adoption price: \$185

Why do they call me Turtle? Because of my stunning tortoiseshell colouring. I have a captivating purr-sonality to match my good looks. I'm an independent lady who knows what she wants—a home where I can relax and come to you for some casual pats. If you're lucky, you might even hear me having a good old chat and telling you about my day. If you're a cat-savvy person and keen to adopt your one-and-only feline, please choose me by filling out an adoption application today.



Responsible pet ownership: it's in our hands



Responsible pet ownership and desexing at the appropriate time could have prevented a litter of puppies from being dumped by a river earlier this year.

Fortunately, they were found, brought into RSPCA Queensland for routine veterinary checks and all given a clean bill of health. They were fondly named after characters from the hit 90's sitcom, *Friends*.

The *Friends* litter were all placed up for adoption and have since found new homes - a happy ending to a terrible start to life.

Desexing to prevent unwanted litters also applies to cats.

When little Buttercup the cat was found she was suffering from a potentially life-threatening infection called pyometra – an infection of her uterus.

Following quick intervention by RSPCA vets and surgery, Buttercup was able to recover from her ordeal and is patiently waiting for a new home. Having your female cat or dog desexed protects them from pyometra.

RSPCA's Operation Wanted celebrates its 10th year in 2024, with participating veterinary clinics across the state offering 20% off desexing until 31 August.

Since 2014, it is estimated around 200,000 animals have been desexed in Queensland during Operation Wanted.

149 veterinary practices across Queensland, including 19 on the Gold Coast, have already signed up to RSPCA's desexing campaign this year with eight councils also supporting the three-month statewide animal desexing campaign.

Besides preventing unwanted litters needing to find new homes at shelters and pounds, desexing your pet:

- reduces their desire to roam
- allows your pet to be happier and healthier

- reduces the risk of some cancers
- results in cheaper council registration fees.

To register for discounted desexing for your pet and find your nearest participating vet, visit: operationwanted.com.au.

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Currumbin Wildlife Hospital Koala Update



It's up to us to save koalas. Recently, Taffy, a male koala joey, was attacked by a dog and required urgent treatment at Currumbin Wildlife Hospital. While Wildlife Hospitals like Currumbin can help with preventing koala disease, it's up to the community to prevent dog attacks.

Dog attacks are preventable with education and awareness. One bite from a dog can kill a koala. In fact, 75% of dog attacks on koalas are fatal. It's imperative to keep dogs indoors at night and restrain your dog if you know a koala is in your backyard.

Did you know that baby koala joey patients like Taffy are given teddy bears to help them feel supported during treatment? Vet Fumie and Vet Nurse Natasha treated the young joey and weighed him as part of his medical assessment.

It is devastating when an individual koala suffers, but it's also devastating for their species in general. Every koala is precious, especially now that the species is endangered.

To help save koalas like Taffy, head to the Currumbin Wildlife Hospital website to learn more: currumbinwildlifehospital.org.au

Save animals' lives: go AWLQ op shopping

Shopping at Animal Welfare League QLD isn't just about scoring a deal - it's about uncovering hidden treasures while making a real difference.

From designer threads to vintage décor, every purchase supports a vital cause: caring for the thousands of animals in need who find sanctuary at AWLQ each year.

AWLQ have an incredible 12 Op Shop locations throughout the Gold Coast – including one right in the heart of Burleigh, located at the corner of Lower Gold Coast Highway and Elder Entrance and which is open from Monday to Saturday. Come visit us and grab yourself a bargain, all while helping animals in need. Our Op Shops stock an incredible range of goods, some you won't find anywhere else.

Donations of high-quality goods and the decision to shop at our Op Shops are a huge lifeline for our furry

friends. With your support to our Op Shops, the money goes back into the organisation and we can continue to provide urgent veterinary care, rehabilitation, and loving homes for those who need it most.

And at the heart of AWLQ Op Shops beats a spirit of generosity and compassion. Our dedicated volunteers pour their time and expertise into ensuring our shops thrive. If you're interested in volunteering at any of our Op Shops, you can email volunteering@awlqld.com.au for more information.

We are always in need of quality donations to our AWLQ Op Shops. If you have goods you've been thinking of donating, please feel free to drop these at any of our locations. The animals will love you for it.

Want to make a donation to our op shops? Here's what to do:

- Drop off. Visit any of our conveniently located op shops or swing by the AWLQ drop-off point at our Coombabah rehoming shelter. Your contributions ensure our loyal Op Shoppers always find quality bargains and hidden treasures
- Arrange a collection. Got a large donation or bulky items? No problem. We offer collection services for your convenience. Simply give us a call at ph: 07 5509 9056 to schedule a pickup. (Service available Monday to Friday, subject to availability).

Join Animal Welfare League QLD in making a difference — one purchase, one donation at a time. Together, we're building a brighter future for animals in need.

Socceroos in Robina



Image source: Facebook / Councillor Dan Doran.

It was announced last month that the Subway Socceroos are headed to the Gold Coast for the first time to play at Robina Stadium.

The City has secured the rights to host the third round FIFA World Cup 2026 qualifier match against Bahrain on 5 September.

Robina Stadium will be immersed in a sea of green and gold when local fans cheer on the football heroes as they aim to qualify for a sixth consecutive World Cup.

This announcement is testament to the Gold Coast's growing reputation as an international sporting destination.

Wild Earth Border Bolt

The Wild Earth Border Bolt Running Festival returns for its 3rd staging on Sunday, 4 August. The Border Bolt has five distance offerings: 3km, 6.6km, 13.5km, 22km and 31km. Each different offering has increasing elements of trail running and challenge the longer you go.

The Border Bolt showcases the beautiful Gold Coast hinterland, starting flat and fast on the bitumen by Currumbin Creek.

This is the third race in the Trail Trips Triple Crown Gold Coast Trail Run Series of 2024. The first instalment, In The Raw Trail Run, occurred on Sunday, 9 June in Currumbin, and the final event of the crown, Coastal High, happens just four weeks after the Border Bolt on Saturday, 31 August in the Gold Coast Hinterland.

For further information on the location of the event or to register, head to: borderboltrunfest.com.au

Race start times

6.45am	31km
7.15am	22km
7.45am	13.5km
8.05am	6.6km
8.15am	3km

Gold Coast Masters Rowing Club



The Gold Coast Masters Rowing Club, nestled at Sporting House on the serene Lake Orr in Varsity Lakes, invites community members of all ages and abilities to experience the thrill and camaraderie of rowing. As a vibrant social club, we pride ourselves on fostering an inclusive and supportive environment where everyone, from beginners to seasoned rowers, can thrive.



Our signature Learn to Row program, running over six weeks, is designed to introduce newcomers to the fundamentals of rowing. Under the guidance of experienced coaches, participants will gain confidence, build fitness, and form lasting friendships on the water.

Whether you're looking to embark on a new fitness journey, rekindle a passion for rowing, or simply enjoy the beautiful outdoors, the Gold Coast



Masters Rowing Club has something for everyone. Don't miss out on this opportunity to become part of a dynamic and welcoming community.

Join us at Lake Orr and discover why rowing is one of the most rewarding sports out there. For more information and to sign up for our next Learn to Row program, visit our Facebook page [Facebook / gcmrowers](https://www.facebook.com/gcmrowers) or call Suzy on ph: 0450 991183.

Kirra SLSC triumphs SHARKSHIN IRB Championships



Pictured: Kirra SLSC at the 2024 SHARKSHIN Australian IRB Championships in Miami. Source: Surf Life Saving Australia.

A big congratulations to Kirra Surf Life Saving Club (SLSC) who took out the crown for the 2024 SHARKSHIN Australian Inflatable Rescue Boat Open Championships (IRB Championships) late last month. The IRB Championships were held at Miami Beach from Friday, 18 to Monday, 22 July and saw some of the best IRB crews from across the country competing against each other over the action-packed weekend.

Kirra SLSC dominated the IRB Championships, taking home six gold and three silver medals, totalling 62 points overall. The club won gold in the Open Male IRB Mass Rescue, the Open Female IRB Mass Rescue, the Open Female IRB Teams Rescue, the Open Male IRB Tube Rescue, the Open Female IRB Surf Rescue, and claimed both gold and silver in the Open Male IRB Surf Rescue.

Burleigh Bears Club: Making space for women



Pictured: Construction of dressing sheds and change rooms at the Burleigh Bears field. Source: Facebook / Cr Nick Marshall OAM Division 12, Gold Coast.

Construction is underway at the Burleigh Bears field, with dressing sheds and change rooms being installed for the Juniors.

The buildings were designed around

the increase in young women playing rugby league and other sports across the precinct. The sheds will be placed in multiple spots across the field and will be available to many athletes.

Creating inclusive spaces for all is an important part in making sport accessible to everyone, with the Burleigh Bears proudly leading by example.

Gold Coast Marathon in review

The annual Gold Coast Marathon, held between 6 and 7 July, was a resounding success, and major event history was made as over 30,000 entrants raced over the marathon weekend.

Gold Coast Bulletin 4km Junior Dash

Almost 500 young runners took place in the Dash, but the two fastest runners were Matt Turner (12:42) and 12-year old, Elke Rayward (13:53).

Wheelchair 4km Race

This is the Gold Coast Marathon's first edition of the Wheelchair 4km Race, with 12-year-old Josh Brass winning at a time of 15:33. Gold Coaster, Emily Foster, was the women's winner with a time of 24:05.

Gold Coast Airport 5km

Hervey Bay sparkie, Toby Powers, took out the crown with a time of 14:42, and the women's champion, Olga Firsova, becoming the first woman to win two years in a row with a time of 15:57.

CPL Wheelchair 10km

Emily Tapp won this year's CPL Wheelchair 10km with a time of 28:36, beating her race record she set last year by over two minutes.

Southern Cross University 10km

Haftu Strintzos crossed the finish line first with a time of 28:53, and Caitlin Adams, a returning Gold Coast Marathon entrant, followed close behind at 33:23.

Gold Coast Half Marathon

The mens and womens winners were decided by breakaways over the final kilometre this year, with Andy Buchanan coming in at 1:02:25 and Leanne Pompeani at 1:09:20.

CPL Wheelchair Marathon

Jake Lappin took out a second win of the CPL Wheelchair Marathon with a time of 1:42:14. Paralympian, Christie Dawes, was the womens winner with a time of 1:54:36.

ASICS Gold Coast Marathon

This was Yuki Nakamura's second marathon, and she smashed the women's race record with a time of 2:24:22, beating the men's winner, Kumeshi Sichala, by just over a minute.

2024 Lifesaving World Championships



Image source: LWC 2024.

The Life Saving World Championships are held at the end of this month from Tuesday, 20 August until Sunday, 8 September. Every two years, the International Lifesaving Federation organises the Championships to showcase excellence in lifesaving sports and rescue, attracting the most

talented and skilled lifesaving athletes to compete for the title of World's best.

The Championships are held across two locations, Kurrawa Beach and the Gold Coast Aquatic Centre over three weeks. Each day there are many events happening, from meetings, functions and ceremonies to lifesaving competitions.

There are a number of competitive activities created to closely resemble real-life situations featuring equipment used while lifesavers are on patrol.

Board Rescue is an event which simulates a patient being rescued by a board paddler and returning to shore. Rescue Tube Rescue involves four team members with two rescuers, a swimmer and a patient. Rescue Tube Race is an individual event that sees competitors race up the beach to get their rescue tube then swim to their designated buoy.

To find out more, head to: lwc2024.com

Major Venues to host the 2024 NBL Blitz



Pictured: 2023 NBL Blitz. Source: Gold Coast City Council.

The National Basketball League (NBL) is returning to the Gold Coast for the 2024 NBL Blitz following a successful campaign in 2023. This year's NBL Blitz will be hosted at the Gold Coast Sports and Leisure Centre and the Carrara Indoor Sports Stadium.

All 10 NBL teams will be featured in this action-packed event from 7 to 14 September 2024 with games being played across the two aforementioned neighbouring venues within the Gold Coast Sports precinct.

For further information and to pre-register for tickets, head to: nblblitz.com.au

Vaikobi 14 Beaches Ocean Race



Image source: Paddle Australia.

Set to be held on the Gold Coast between Friday, 2 to Sunday, 4 August, the Vaikobi 14 Beaches Ocean Race is an annual paddling championship showcasing the best of the Gold Coast's paddlers.

The 2023 edition of the event saw over 200 paddlers take to the pristine waters of the Gold Coast, while the 2024 edition is looking to be bigger and better. The event will be held at Kurrawa Surf Club and will see contenders on a downwind paddle to Bilinga.

Head to: paddleqld.as.au/14beaches to secure tickets and learn more.



Tram-spotting

with Billy Bob Thoughtson



How often do you hear someone say 'everything comes back into fashion'? It's a phenomenon where fashion or cultural trends experience a revival, often driven by nostalgia and evolving tastes. My Dad used to say it a lot, so I asked him for some examples. He started off with the penny-farthing bicycle, which he thought would never come cycling back, then he rattled off various trends like flared jeans, Polaroid cameras, vinyl records and streetcars.

He was a civil engineer and knew a lot about public transport systems. So, with some hesitation I asked him: 'What's a streetcar, Dad?' He replied, 'Don't they teach you anything at that school of yours?' He went on to explain that it's a tram, and runs on steel rails with a trolley pole connected to an electrified overhead wire above. With further trepidation, I asked about the logistics of that in a street with cars. He replied: 'Trams don't veer off their tracks mate, so you can build a tramway in a very narrow street without scraping buildings, squashing shoppers or pushing cars off the road'.

Here in Burleigh, and all over the world, they're making a comeback. I never understood the appeal, until I had the pleasure of visiting San Francisco. I was captivated by the city's diversity of charming streetcars, trams, trolleys and vintage cable cars. American writer Rebecca Soinit, in her book *Infinite City A San Francisco Atlas* captures the nostalgia and efficiency of trams and streetcars perfectly. 'The streetcar will remain in our memory as the quickest, cheapest, most beautiful way to go from here-to-there in the city.'

In fact, the conductors in San Fran were outstanding and much like the streetcars, full of character. One bloke sang *I Left My Heart in San Francisco*, while manoeuvring the cable car. Another, a Neil Diamond fanatic, would say, 'Welcome to a Streetcar named Desirée,' then sing an altered cover of *Sweet Caroline*, with the lyrics 'Sweet Tramway Line'. Speaking of diamonds, there was a play called *A Streetcar Named Desire* – a work of social realism written by Tennessee Williams in 1947. The streetcar was based on an actual streetcar line called Desire in New Orleans and when the movie version was released, it created a firestorm of controversy. It was decadent, vulgar and naughty – a bit like me really, and that's after the substantial cuts made by the Editor. The film starred Marlon Brando who was credited with being the first to use method acting techniques. The 'Stella' scene was, of course, the most famous, embodying the poetry of anxiety and his

performance would go on to change Hollywood films forever.

Australian cities have been well serviced by tram networks. From the late 1800s to the 1960s, Sydney had the biggest tram system in the southern hemisphere and Brisbane also had an extensive network with a fleet of 400 trams until the system's closure in 69. Their demise was inevitable given the rise of motor cars and buses. In fact, in the US, oil companies were buying up tram networks then proceeded to destroy them. In Australia the NRMA were speaking out against trams, and there was also the powerful, and often unmitigated, lobbying done by the oil and motor companies. Trams and tracks were also not being maintained properly and were seen as more costly than buses. This demise was met with great anger at various levels amongst Aussies. Many of the closures happened in the night and tracks were covered over with tar and many trams were burnt. There seemed to be a lot of Government skulduggery going on, which just added to the outrage.

It's clear that trams and their variants have captured our imagination for generations, and they have been immensely popular. Thankfully, Melbourne's tram network survived, largely because of one man – Robert Risson. He was head of the Tramways Board from 1949 to 1970 and he refused to give up on trams, despite nearly everyone else doing so. Now, it is the world's biggest tram network. Almost 80% is along roads shared with other traffic which makes it more like a slow streetcar system rather than an efficient light rail network, but its charm and functionality adds immense value to the city.

Nowadays, there is a tram renaissance in a large number of cities worldwide, including here in Gold Coast. Modern tram systems are celebrated for their efficiency, sustainability, and role in reducing urban traffic congestion. Talk about things cycling back. One minute (well 60 years ago) we got rid of trams as 'they get in the way' and 'we need to ease congestion so cars and buses can thrive'. Now, Governments hope trams will ease car and bus congestion. One wonders why we got rid of them in the first place.

The ability to get around in multiple public transport modes is one of the greatest ways an elected Government can support a local community. The successful systems in Amsterdam, Melbourne, and Zurich, who have integrated trams seamlessly into their transport networks, resulting in reduced traffic congestion, lower emissions, and enhanced accessibility, is a shining example of this.

The truth is we often hate things like congestion, road works, and new constructions that disrupt our everyday routines and take time away from our desires. But often these inconveniences are a small price to pay for strategic gain. The value of public transport has been understated time and time again. But as we, as a society, grow more ecologically conscious and as individuals see through the narratives of those greedy oil companies, we can all find profound benefits in modern tramway/light rail systems.

If you're still skeptical of the value of trams, try doing some tram-spotting like Billy Bob just did. Ride a tram, feel the romance of this modern renaissance and remember: public transport makes for a city accessible by all.



Monthly book reviews

by Paula and Aliena, Big B Books

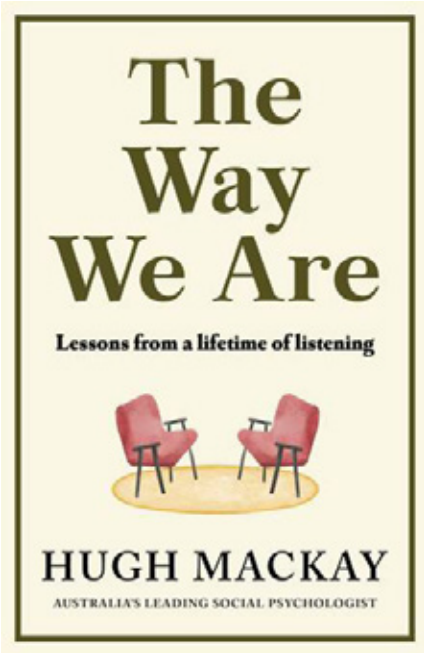


Image sourced from: Allen & Unwin.

THE WAY WE ARE by Hugh Mackay

Australia's most well-known social psychologist, Hugh Mackay (and my former university lecturer), offers an astute analysis of our collective social wellbeing as the first quarter of this century draws to a close.

Our report card is not great, with social fragmentation on the increase and our levels of depression, anxiety and loneliness at epidemic levels. Having established this 'context' of the book, Mackay goes on to examine seven major social trends that are eroding our social cohesion and driving us in the opposite direction of what is needed to thrive as members of a social species.

Increasing materialism, individualism and disruptive consequences of social media were particularly interesting to read, along with the celebratory strides made toward gender equality.

Concerning trends aside, Mackay's optimism about human nature and our ability to change course is deeply inspiring, leaving you reflecting on what it is you can do in your own neighbourhood to enhance human connection.



Image sourced from: Penguin Books Australia.

THE GREAT GATSBY by F. Scott Fitzgerald

The novel, *The Great Gatsby*, is set in New York City in the 1920s. A time known as the Roaring Twenties, culture and technology were progressing at a thrilling pace. The novel follows a man called Nick Carraway as he interacts with the rich and dazzling side of an upper-class society. Nick meets Jay Gatsby, a man who climbed his way up from rags to riches in hopes of gaining the affection of Daisy Buchanan.

Throughout this beautifully tragic story, the idea of how corruption is woven into the American Dream is explored, and the glamorous lives of the wealthy is brought to light. The narration reflects on the effects of a materialistic society and how this can impact humanity.

I found this historical fiction classic, splashed with romance and the allure of high society, to be a truly beautiful story with a purposeful message.

Tricky trivia

1. What city was Trent Dalton's debut Novel, *Boy Swallows Universe*, set in?
2. In what year did Australia's involvement in the Vietnam War end?
3. David Fleay Wildlife Park is home to what animal thought to be extinct for over 30 years?
4. What was the first country to give women the right to vote?
5. What was the name of the movie shot in Burleigh that used the first ever surfboard mounted video camera?
6. Who was the first Prime Minister of Australia?
7. What is the highest grossing Australian movie?
8. Who has won the most Academy Awards?
9. Chartreuse is a shade of what colour?
10. In what country is the Chernobyl nuclear plant located?



Pictured: Clue to trivia question 5.

August riddle

Three different doctors said that Paul is their brother yet Paul claims that he has no brothers. Who is lying?

Trivia and riddle answers on page 61.



This month

with Milt Barlow

At the movies

The chill of winter is still with us, so this month is a great time to head off to the movies to enjoy August's diverse and interesting offerings.

It Ends With Us (8 August) is the screen adaptation of the blockbuster novel from Colleen Hoover. It tells the story of Lily who overcomes a traumatic childhood to embark on a new life. A meeting with a surgeon sparks a love connection but Lily begins to see both sides of him, bringing back painful reminders of her parents' relationship.

The big blockbuster movie for the month is *Alien: Romulus* (15 August). I love the *Alien* genre of movies and this one, the seventh instalment of the *Alien* franchise, being way over the top, is definitely one you have to experience on the big screen. It's set between the events of the original *Alien* in 1979 and *Aliens* in 1986 and focusses on a group of young space colonists who, while exploring a derelict space station, come face-to-face with the most terrifying life form in space. If you're easily scared, this one is not for you, but if you love a non-stop big special effects feast this is one not to be missed.

22 August sees the release of the highly anticipated thriller *Blink Twice*. A tech billionaire invites a cocktail waitress to join him and his friends on his private island paradise for a fun vacation. It all seems innocent enough, and who wouldn't want to be whisked off in a private jet? But things soon turn sour, then weird and then deadly. Starring a solid ensemble cast of Naomi Ackie (Whitney Houston in *I Wanna Dance With Somebody*), Channing Tatum (*Magic Mike* and *Bullet Train*) and Christian Slater, it's a good watch.

The big movie genre worldwide at the moment is horror films (or thriller-horror films) and you can't get much more gory than *The Crow* (29 August). It's the fifth film in *The Crow* franchise and tells the story of a murdered musician who is resurrected to avenge the deaths of himself and his fiancée. Starring Bill Skarsgard (*John Wicks: Chapter 4* and *Deadpool 2*) and British singer FKA Twigs, it's a classy yet scary watch.

On the couch

The absolute must see this month has to be *Fake* (Paramount + and Prime). Adapted from a true story this psychological thriller stars Asher Keddie and David Wenham (*Elvis*). The story follows magazine writer, Birdie Bell, who returns to the dating game after five years of being solo. She meets Joe Burt, and whilst not initially interested, Joe charms his way into her heart - but there is something that just does not seem right to Birdie. Joe skillfully and relentlessly reveals the serial scammer that he is. It's gripping television from the first to last episode and would rate as one of my favourite watches of the year. Don't miss it.



Trivia answers

1. Brisbane
2. 1973
3. Bridled nail-tail wallaby
4. New Zealand
5. Free Ride (1975)
6. Sir Edmund Barton
7. *Crocodile Dundee* (1986)
8. Walt Disney
9. Green/yellow
10. Ukraine

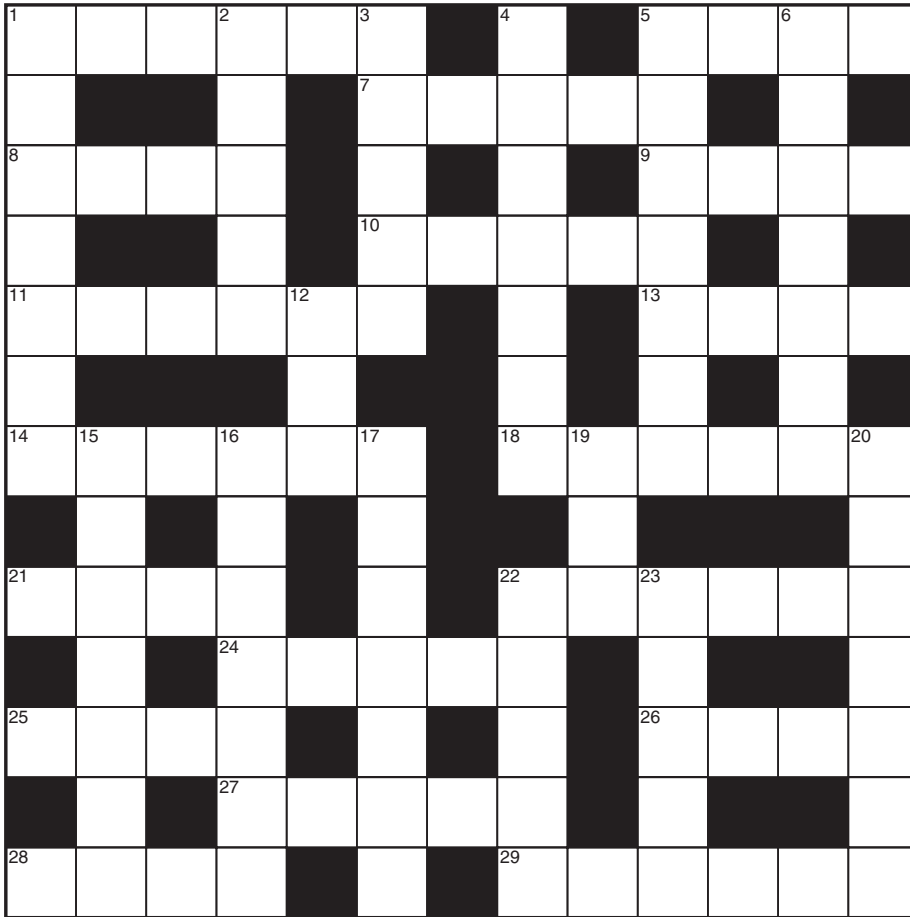
Riddle answer

No one is lying because the three doctors are Paul's sisters.



August crossword

© Lovatts Puzzles



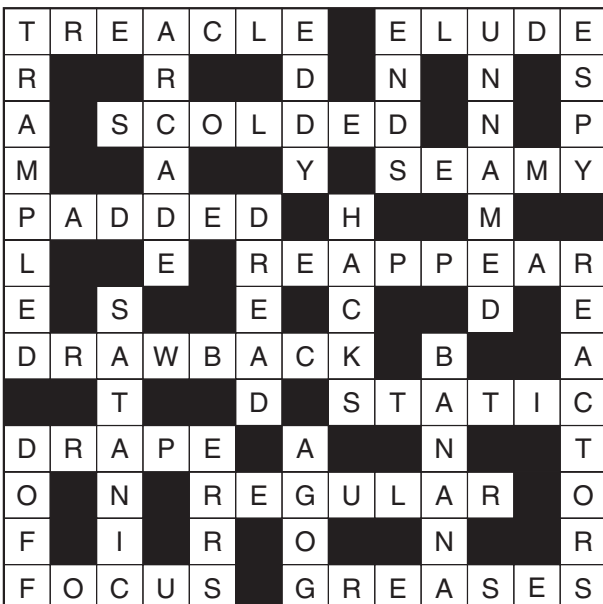
Across

1. Galapagos lizard
5. Walk in water
7. Find fault with
8. Corrosive fluid
9. Tree part
10. Steam burn
11. Put into cipher
13. Eye membrane
14. Opened mouth wearily
18. Hire
21. Warm & protected
22. Annoying
24. Become informed
25. Tiny island
26. Thread
27. Thin pancake
28. Massive
29. Symbols

Down

1. Foolishly
2. Of sound
3. Humble (oneself)
4. Gruesome
5. Fusing (metal)
6. Distributing (cards)
12. Female hare
15. Loss of memory
16. Lack of caring
17. Marred
19. And not
20. Locomotives
22. Fabric insert
23. Inuit canoe

July solution





August horoscopes

by Patsy Bennett - patsybennett.com

Aries

Your home life will gather focus in August, as you gain insight into who – and what – is most important to you. Investment in a property, décor or even a little DIY will appeal. Just keep an eye on finances and avoid overspending, especially at the end of the month.

Taurus

August will be ideal to review aspects of your home, family and domestic life, and even to revitalise your property. Mercury will turn retrograde on the 5th, so try to get key discussions on the table by then. Some Taureans will be drawn to revisit an old haunt.

Gemini

Your sign's ruler Mercury will turn retrograde on the 5th and this makes August a productive time to catch up with past matters, paperwork and finances. However, the pace is likely to be slower than you prefer. The good news? You'll gain the chance to deepen relationships you treasure.

Cancer

All eyes are on your personal life and finances in August. Be sure to float new ideas with those you love or admire before the 5th as otherwise, this could be a slow-going or even frustrating month. It's an excellent month to put in place a financial plan that will suit your current needs.

Leo

The new moon on the 4th will help to kick-start a fresh phase in your personal life, and at work if you were born in August. Picture your life moving forward and take action to facilitate how you'd like it to be. However, you will need to be patient with matters to do with the past.

Virgo

From the 5th, Mercury will be retrograde which can produce delays, so this is a good month to be patient, especially with personal matters such as your primary relationships. On the other hand, it will be an excellent month to clear matters from your past and for self-development.

Libra

The new moon on the 4th will encourage you to revitalise your social and work schedules: it's time for something new and to embrace the quirky and the different. If this process is slightly uncomfortable, take the time to adjust and seek support of like-minded people and loyal friends.

Scorpio

You may surprise yourself this August, as opportunities to leave your comfort zone and to be super-productive will be hard to ignore. It's a good month to decide how you are going to manage your work opportunities and duties at home in the most practical ways.

Sagittarius

How do you express your adventurous spirit? You'll gain the chance this month to venture into fresh territory either through travel, study, self-development or even, if necessary, legal matters. A return to an old haunt or the need to review options is best embraced, not ignored.

Capricorn

Early August is an excellent time to reconfigure some of your share duties, such as shared finances (perhaps taxes and household expenses) and shared space at home. Your practical nature will help you to get on top of conundrums but you must also be prepared to think outside the box

Aquarius

The full moon on the 20th will be in Aquarius, signifying the culmination of a phase in your personal life. The start of the month will already highlight how you could improve your personal and daily life. Just be sure to keep communications open to ensure a smooth passage.

Pisces

You'll gain the opportunity to review aspects of your daily health and work schedules in August, so that you are able to organise circumstances to suit you better. Be prepared to leave some aspects of the past behind. Finances will need particular attention as you reconfigure your routine.

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